

Community Connection

March 2026 Edition

Jesus Said, "Let the little children come to me..." - Matthew 19:14

Parents: Get Ready, Set Fit! (Fast fit tips for the busy parent)

Move While You Wait

Is one of your biggest excuses for not exercising the time factor? Start using the time you spend waiting at your child's sport practice moving! Not only is it good for you, but you are setting a great example for your kid and others around you.

Ideas to Get Fit in 30 Minutes!

There is a lot you can do in 30 minutes or less to improve your health and fitness. Invite other parents to join you for fun and motivational! Ideas include:

- Walk
- Jog or Run
- Stretch
- Use exercise bands for strengthening
- Kick a ball around or play a game with other families who are watching

Growing, Learning, and Blooming Together!

March is here, and we're excited to welcome the change of seasons! The children have been busy exploring, creating, and learning new things each day. This month, we'll be focusing on springtime growth, kindness, and discovery through hands-on activities, stories, and outdoor exploration (weather permitting!).



Reminders

- Please send a light jacket as we begin spending more time outside.
- Check your child's extra clothes bag — make sure items are season-appropriate.
- Don't forget to label all belongings!

A Note of Thanks

Thank you for your continued partnership and support. Watching your children grow, learn, and explore brings us such joy every day!



Happy
St. Patrick's
Day

March 2- Don't forget to sign up for Summer Camp

March 12- Special Musical Guest

March 16-20- CLOSED for Spring Break

March 17- Happy St. Patrick's Day

March 20- First Day of Spring