



Questions:

1. If you could instantly avoid one uncomfortable responsibility in your life, what would it be?
2. Have you ever felt prompted by God to do something you really didn't want to do? What made it difficult?

Read Together: Jonah 1:1-6, 1:14-17, 3:1-5, 3:10, 4:1-11

1. Why do you think he chose to run instead of obey?
2. What does Jonah's reaction reveal about his heart?
3. What do you think was harder for Jonah: Making the 500 mile trek into hostile territory to preach, or trying to show compassion and care to a group of people that he despised?

Talk about the characters in this story:

1. Who in this story shows the most obedience towards God? How about the least?
(The storm/ The sailors/ The fish/ The worm/ The Ninevites/ The king/ The animals (through the king's decree)/ Jonah)
2. Who in this story struggles the most with God's will?
3. Why is it easy to know God and still resist Him? How are ways that you are resisting Him?
4. Read Jonah 3:5-10 3. What does the response of Nineveh teach us?
5. Jonah became so focused on the sins of others that he stopped seeing them as people God loved.



Reflection Questions:

1. When do we begin crossing the line Jonah crossed?
2. Which person are you most like right now?

Jonah

- Are you resisting something God is asking you to do?
- Is there a person or group you struggle to extend grace toward?
- Have you allowed anger or pride to shape how you see others?

OR

A Ninevite

- Do you feel far from God?
- Do you believe you've gone too far for God's mercy?
- What would repentance look like today?

Key Truth: Jonah was not beyond God's reach. Nineveh was not beyond God's reach. Nobody is beyond God's reach.



Gospel Connection (3–5 minutes)

Read Matthew 12:38–40. Jesus identifies Himself with Jonah. Like Jonah, Jesus descended into the depths.

Unlike Jonah:

- Jesus obeyed perfectly.
- Jesus loved His enemies.
- Jesus willingly gave His life.
- Jesus rose again to offer salvation to everyone who repents and believes.

Jonah points us toward a greater prophet, the divine and perfect prophet: Jesus.

Prayer: Spend some time in prayer together

- Ask God to reveal bitterness, pride, prejudice, or disobedience.
- Ask for His heart toward difficult people.
- Confess sin.
- Receive God's mercy.
- Trust Jesus as Savior and Lord.