

GROUP Guide: "GOODNESS" – The Sweet Life

Goodness is not passive; it takes action. The Holy Spirit helps us choose what is right, serve others, and keep doing good even when it is hard.

Key Scriptures: Galatians 6:10 — "As we have opportunity, let us do good to everyone..."
Galatians 6:9 — "Let us not grow weary of doing good..."

Opening Prayer: Lord, help us understand Your goodness and live it out. Give us courage to do what is right, love others well, and keep going when it is hard. Amen.

Icebreaker: Share about a time someone did something good for you. How did it affect you?

1. Goodness Requires Courage: Doing good can mean telling the truth, apologizing, forgiving, resisting temptation, or standing for what is right. The Holy Spirit gives us strength to choose what honors God.

Discussion Questions:

1. Why does doing good sometimes require courage?
2. What is hardest for you: telling the truth, apologizing, forgiving, resisting temptation, or standing for what is right?
3. What right choice may God be calling you to make?

2. Goodness Serves Others: Galatians 6:10 reminds us to do good whenever we have the opportunity. Goodness is shown through simple acts of love, kindness, generosity, and service.

Discussion Questions:

1. What are some everyday ways we can do good to others?
2. Why do we sometimes miss opportunities to serve?
3. Who is someone you can intentionally bless this week?

3. Goodness Keeps Going: Doing good can feel tiring, especially when it goes unnoticed. But Galatians 6:9 reminds us not to give up. God sees our faithfulness, and no good thing done for Him is wasted.

Discussion Questions:

1. Why do people grow weary of doing good?
2. How can we keep going when we feel discouraged?
3. Where do you need God's strength to keep doing good?

Weekly Challenge : This week, practice goodness in one way:

- Make a right choice
- Serve someone intentionally
- Keep doing good even if it is unnoticed

Complete this sentence: This week, I will show goodness by _____."

Closing Prayer : Lord, help us live with goodness through Your Spirit. Give us courage to do what is right, eyes to see opportunities to serve, and strength to keep going. Amen.