

GROUP Guide: "Living the Sweet Life"

Living Under the Influence of the Holy Spirit
Main Scripture – Galatians 5:22–25

Big Idea

The Sweet Life is not produced by trying harder, but by living under the influence of the Holy Spirit.

Opening Question

When you hear "The Sweet Life," what comes to mind?

Read

Galatians 5:22–25

Discuss

1. Which fruit of the Spirit do you most want to grow in your life?
2. Why is spiritual fruit something the Spirit produces, not something we force?

1. We Receive the Holy Spirit at Salvation

Scripture

Ephesians 1:13–14

Thought

When we believe in Jesus, we are sealed with the Holy Spirit.

Questions

1. What does it mean that the Holy Spirit lives in every believer?
2. How does this give you confidence?

2. We Depend on the Holy Spirit Continually

Scripture

Ephesians 5:18

Thought

We need the Spirit's filling and influence every day.

Questions

1. What influences your thoughts and choices most?
2. Where do you need to depend on the Holy Spirit more?

3. We Walk with the Holy Spirit Daily

Scripture

Galatians 5:16, 25

Thought

Walking by the Spirit means following Him step by step.

Questions

1. What does it look like to walk with the Spirit daily?
2. What is one step of obedience you can take this week?

Prayer

Holy Spirit, help us receive You with gratitude, depend on You daily, and walk with You faithfully. Produce Your fruit in us so our lives reflect Jesus. Amen