

## **SPIRITUAL HUNGER**

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**3/24/26**

Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, now that you have tasted that the Lord is good. — 1 Peter 2:2-3

There's an even deeper layer in 1 Peter 2:2–3 that often gets missed—not just what we crave, but why we crave it. Peter isn't simply giving advice—he's describing evidence of new life. A newborn baby doesn't have to be taught to hunger. Hunger is proof it's alive.

So when he says, “crave pure spiritual milk,” he's not laying a burden on you—he's revealing a reality: spiritual hunger is the natural response of a soul that has been awakened by God. If you've truly “tasted that the Lord is good,” something in you has changed at the deepest level. Your desires are no longer meant to be the same.

But here's where it gets real...

We don't lose our salvation when we lose our appetite—but we do lose our sensitivity. The world feeds us constantly—noise, distraction, comfort, control. And over time, those things don't just fill us... they dull us. Just like natural hunger fades when you snack all day on things with no nourishment, spiritual hunger fades when we fill our lives with what has no eternal weight. So Peter's call is not just “eat”—it's purify your appetite.

Because growth isn't just about intake—it's about desire being reshaped. And that connects to the deeper warning found in Hebrews 5:14—maturity comes when our senses are trained to discern good from evil. That means spiritual growth isn't automatic. It requires intentional alignment—choosing again and again what feeds your spirit, even when your flesh craves something else. But don't miss the tenderness in this: God is not frustrated with your hunger—He's inviting it.

He's not saying, “Why aren't you stronger?” He's saying, “Come closer and be fed.” The goal isn't just knowledge. It's transformation—becoming like Jesus in character, in love, in steady obedience. As Colossians 1:28–29 reminds us, God is actively working to present you mature in Christ. Your growth is not just your effort—it's His power at work within you. So the deeper question today isn't just: “Am I feeding on God's Word?” It's: “What have I allowed to shape my appetite?” Because whatever you consistently consume...you will eventually crave. And whatever you crave... will shape who you become.

**Drink the Living Water of The Gospel Message of Jesus! YOU WILL NEVER THIRST!!**

**Eat the sweet Honey filled Word of God, to fill you spiritually and to nourish your very SOUL!  
YOU WILL NEVER GO HUNGRY !!**