



EMMANUEL

LifeGroup

LifeNotes

LifeGroups exist to follow Jesus together, build authentic community, and lead others to Him

Sermon: Live a Life Worthy of the Lord

(Michael, Colossians, Mar. 8th, 2026)

Primary Scriptures:

Colossians 1:11-29 - 2:1-5

Supporting Scriptures:

John 15:20, Galatians 5:22–23, Romans 6:23, John 1:14, Hebrews 1:3, 1 Peter 1:3–4

Ice Breaker Question (15 min): *(Ice Breakers build deeper relationships!)*

What was one moment this week that made you smile or laugh?

Sermon Summary:

In this message, we saw how Paul prayed for believers to be strengthened by God's power so they could endure trials with patience and gratitude rather than simply escape hardship. We were reminded that our salvation is entirely God's work and He rescued us from the dominion of darkness and brought us into the kingdom of His Son. The sermon then focused on the supremacy of Jesus, showing that Christ is the visible image of the invisible God and the one through whom all things were created and continue to hold together. We were challenged to recognize that Jesus is not just our Savior but also the head of the church and the center of everything. We also learned that following Christ can involve suffering and sacrifice, but the hope of glory, Christ living in us, gives us strength to keep going. In the end, we were called to build our lives firmly on Jesus, because the Christian life is not about finding something beyond Him but about growing to be more like Him.

Group Discussion Questions (30 - 45 Minutes)

1. The sermon emphasized the supremacy of Christ. Where do you think people today tend to shrink their view of Jesus without realizing it? *(This could be culturally, personally, or even within the church.)*
2. Colossians 1:13–14 describes believers being rescued from the dominion of darkness and brought into Christ's kingdom. What did that transformation look like in **your life**? *(For example: anger to peace, anxiety to trust, selfishness to generosity, etc.)*
3. Colossians 1:27 says, "Christ in you, the hope of glory." What do you think it practically means for Christ to live in us day to day?
4. Have you ever experienced a moment when following Jesus made you feel out of step or out of place with others? How did you respond?

Prayer Time (15 min): *(Break into smaller groups, read the following instructions, and pray for one another.)*

Pray for spiritual maturity - Ask God to help each of us become more like Christ, producing the fruit of the Spirit and reflecting His character in everyday life so our lives would display "Christ in us".