



EMMANUEL

LifeGroup

LifeNotes

LifeGroups exist to follow Jesus together, build authentic community, and lead others to Him

Sermon: Colossians 3:18–4:1 | **Jesus in Everyday Life** (Michael, Colossians, March 29, 2026)

Primary Scriptures:

Colossians 3:18–4:17

Supporting Scriptures:

Ephesians 5:21–33, Genesis 1:27, Philippians 2:5–8, Ephesians 6:1–4, Matthew 6:33, 1 Corinthians 10:31, 1 Peter 3:1–7

Ice Breaker Question (15 min): (*Ice Breakers build deeper relationships!*)

What's something small that can completely change your mood for the day?

Sermon Summary:

We saw that following Jesus is not just something we say; it shows up most clearly in our everyday relationships, like marriage, parenting, work, and how we speak. We were challenged to see that Jesus is not just Lord in church settings, but in the places where people see the real us when our guard is down. We learned that God's design for marriage involves both sacrificial leadership from husbands and respectful support from wives, reflecting Christ in different roles. We also saw that parenting is not just about control but about shaping hearts, and that our work is ultimately done for Jesus, not just for people. We were reminded that prayer is meant to be a steady, intentional part of our lives that aligns us with God's mission, not just something we turn to when things go wrong. And finally, we were challenged to live and speak with wisdom and grace toward those who don't know Jesus, making the most of every opportunity.

Group Discussion Questions (30 - 45 Minutes)

1. In what ways is it often easier to act like a Christian in public than it is at home with the people who know us best?
2. How can parents balance discipline and encouragement without embittering or discouraging their children?
3. Read Colossians 4:5–6. How would you describe the way you typically speak to people who don't follow Jesus, and where do you feel challenged by this?
4. What is one specific step you can take this week to live this out more intentionally, especially in how you speak or interact with others?

Prayer Time (15 min): (*Break into smaller groups, read the following instructions, and pray for one another.*)

- **Pray** for your relationships, that they would reflect Christ through humility, love, and responsibility.
- **Pray** for one person in your life who doesn't know Jesus, asking God to open a door and give you clarity and courage.