



# EMMANUEL

## LifeGroup

### LifeNotes

*LifeGroups exist to follow Jesus together, build authentic community, and lead others to Him*

---

**Sermon: Love of the Spirit (Wk3)**

*(Michael, April 26th 2026)*

**Primary Scriptures:**

Romans 5:5

**Supporting Scriptures:**

Galatians 4:6, 1 Corinthians 2:12, 1 John 4:11-13, Romans 8:16, Galatians 5:22-23

---

**Ice Breaker Question (15 min):** *(Ice Breakers build deeper relationships!)*

If you had to enter a talent show tomorrow, what would your act be?

**Sermon Summary:**

We were challenged to move beyond simply knowing that God loves us to actually experiencing His love in a personal way by the Holy Spirit. We learned that emotions are not meant to lead our faith, but when shaped by truth, they can help deepen our relationship with God. The Holy Spirit plays a central role in this, not as a force but as a person who makes God's love real in our hearts. We saw in Scripture that God's love has already been poured into us through the Spirit, and the issue is often not God's willingness but our openness to receive it. We were reminded that lies, wounds, and wrong voices can block us from experiencing what is already true. As we begin to trust the Spirit and align with God's truth, His love not only becomes real to us but begins to overflow into how we love others.

**Group Discussion Questions (30 - 45 Minutes)**

1. Why do you think some people are uncomfortable with the idea of "feeling" or experiencing things as it relates to their faith?
2. What are some "voices" or lies that can keep people from experiencing God's love?
3. 1 John 4:11-13: According to this passage, how does experiencing God's love internally eventually lead to making His love "complete" in our external relationships?
4. What is one area of your life right now where you need the Holy Spirit to move His love from your head to your heart?

**Prayer Time (15 min):** *(Break into smaller groups, read the following instructions, and pray for one another.)*

- **Pray for the "Poured Out" Experience:** Ask the Holy Spirit to fill each person with a fresh, tangible sense of God's love and affection that overrides any feelings of isolation or dryness.
- **Pray** that we would reject lies and begin to believe what God says about us.