

This Week at Texoma Cowboy Church!

Sunday

Sunday Morning Prayer Group 8:30 (in the children's wing)

Young Adults Life Group: Enjoying a Summer Break!

Monday

Precept Inductive Study: Deuteronomy

REGISTRATION IS OPEN ONLINE!

Tuesday

Faith Reins: Youth Horseback Ride - Tuesday nights at 6:00 pm

Faith Reins: Adult Horse Ride - First Tuesday night of each month at 6:00 pm

The Women's Group: Every Tuesday morning at 11 am

Men's Prayer Group- Meets n Lodge at 6:30 am

SICK Ministries Recovery Group: Starts at 6pm at 2100 9th St, Wichita Falls

Wednesday

TX Youth: Mid-Week Service from 5:30-7 PM

Bible Study with Pastor Bob: The Gospel of John 6-7:30 pm

Gritty Men: Bibles & Bows

A meal will be served at 5:15 pm for those in the Wednesday Night studies.

Thursday

SICK Ministries Recovery Group: Starts at 6pm at 2100 9th St, Wichita Falls

Alive In Christ: A Discipleship Life Group is on summer break!

For more info visit our website

www.texomacowboychurch.com

If you have questions about becoming a member or baptisms, please fill out a card from the back of a chair and drop it in the offering bucket. An elder will contact you.

Seeking God Through PRAYER and FASTING

Part 3



August 2, 2026

Ezra 8:21-23 "Then I proclaimed a fast there, at the river Ahava, that we might humble ourselves before our God, to seek from him a safe journey for ourselves, our children, and all our goods. For I was ashamed to ask the king for a band of soldiers and horsemen to protect us against the enemy on our way, since we had told the king, "The hand of our God is for good on all who seek him, and the power of his wrath is against all who forsake him." So we fasted and implored our God for this, and he listened to our entreaty."

NOTES:

[illegible]

A Sermon By Pastor John Riggs

REVIEW last week:

Summary

Last Sunday's sermon is part of an ongoing series on prayer and fasting, calls believers to examine what they are truly hungry for and challenges them to recognize the ongoing war between the flesh and the Spirit in the life of a born-again Christian. The pastor draws from Ephesians 2 and Galatians 5 to explain the condition of every person before salvation -- spiritually dead, following the prince of the power of the air -- and the miraculous transformation that occurs when God, rich in mercy, makes the believer alive together with Christ.

Key Points

- The believer's inner self is being renewed day by day even as the physical body wastes away, and Christians are called to fix their eyes on eternal, unseen things rather than the temporary things of the world
- The flesh and the Spirit are in direct opposition to one another; if a believer does not rule over the flesh, the flesh will rule over the believer
- Walking by the Spirit, as described in Galatians 5, is the means by which believers are empowered to deny the flesh its desires and live in a way that honors God
- Physical self-discipline and spiritual discipline are closely connected; a person who cannot discipline the flesh will likely struggle to maintain spiritual discipline

Key Passages of Scripture:

- Ephesians 2:1-5 — Dead in trespasses and sins, but made alive together with Christ by grace
- 2 Corinthians 4:16-18 — Outer self wasting away, inner self renewed; eternal weight of glory
- Galatians 5:16-17 — Walk by the Spirit and you will not gratify the desires of the flesh; flesh and Spirit are opposed
- 1 Corinthians 3 and 6 — Believers as temples of the Holy Spirit
- 1 Corinthians 9 — Referenced in context of Paul's self-discipline

UPCOMING EVENTS:

BACK 2 SCHOOL BASH

Saturday, Aug 1st from 9:30 am - 1:00 pm

At the Wichita Falls MPEC (2nd & Lamar)

HARVEST TIME MINISTRY CAMPAIGN

A 40-day period of prayer and fasting will precede the fall campaign. This is intended to help the church draw near to God, seek His will, and prepare for the outreach efforts, especially in reaching those who may not have a genuine relationship with Christ.

Starts Sunday, August 2nd

Invite and Bring Friends and/ or Family to Church

[TX] KIDS: AWANA

Parent Night August 19th @ 6 PM

AWANA STARTS Wednesday, August 26th

REGISTER ONLINE TODAY

7 Traits of Effective Parenting

By Focus on the Family

Where: Texoma Cowboy Church

When: **August 28th-29th**

Register online @ texomacowboychurch.com and go to our EVENTS.

HARVEST FESTIVAL

Sunday, September 13th following the service

Potluck Meal and fellowship. The church will provide the protein and everyone else bring a side or dessert.