

CAC LIFE GROUP QUESTIONS

I AM – The Light of the World – March 22, 2026

Big Idea: Step into the light of Jesus

Ice Breaker: If you had to live in a backyard “booth” for a week, what’s one comfort item you’d sneak in?

Key Points

Take a few minutes to review the key points from this week’s sermon.

- The Feast of Booths/Tabernacles was a time the people remembered vulnerability and celebrated abundance
- When Jesus says “I am the light” He is claiming to be divine – to be God
- When Jesus says “I am the light” He is claiming to fulfill Israel’s story
- Light guides, reveals, calms, and paces
- Jesus guides our path, reveals the truth, calms our fears, and paces our lives

Discussion Questions

Based on the sermon, discuss the questions below.

- What was your biggest takeaway? What stuck out the most or moved you on a personal level?
- Did anything bother you? What questions did you have?

Making it Personal

Review with your group the impact this week’s sermon made on you personally.

- What’s one small thing that instantly makes you feel safe or calm?
- Which aspect of light do you most need right now—guidance, revelation, peace, or rhythm? Why?
- Have you ever experienced a time when God clearly guided your next step (even if He didn’t show the whole path)? What happened?
- Why do you think so many people are tempted to remain in darkness rather than letting the light of Jesus expose and transform us?
- What tends to cause fear or anxiety in your life right now? How might trusting Jesus as your light change your perspective?
- Do you feel like your life is in a healthy rhythm, or does it feel rushed, chaotic, or out of sync?
- How does knowing Jesus reveals truth *and* offers forgiveness change how you approach your struggles?
- When was the last time God revealed something in your life for your growth? How did you respond?

Scripture Review

Revisit some of the scripture passages from this week and discuss the questions below.

- John 8:12: What does Jesus promise to those who follow Him? What does it look like to “walk in the light”?
- 1 John 1:7-9: What are the benefits/blessings of walking in the light?

Diving Deeper

Use the verses below to dive into other passages of scripture that relate to the primary scripture passage from this week's sermon.

- **Old Testament:** Genesis 1:1-5, Isaiah 9:1-2, Psalm 18:28, Psalm 27:1, Psalm 119:130, Isaiah 9:2, Proverbs 4:18, Leviticus 23:33-43
- **New Testament:** John 1:1-9, Ephesians 5:13-14, Colossians 1:13, 1 Peter 2:9, 2 Corinthians 4:6, Romans 8:15, Matthew 4:16, Matthew 5:16

Application & Action

It is important to take the knowledge you gain and see how it can become an actionable step that the Holy Spirit can use to produce transformation in your life.

Jesus doesn't just describe Himself as the light—He invites us to experience it personally. Each of these questions is meant to help you consider where He may be inviting you to step more fully into His light this week.

- **Light Guides:** Where do you feel uncertain or in need of direction right now? What might it look like for you to trust Jesus with your *next step* instead of needing the whole plan? Who in your life could you speak similar encouraging words of guidance to? How can you extend the light of Jesus to someone who needs it?
- **Light Reveals:** Is there anything in your life—an attitude, habit, or struggle—that you've been keeping in the dark? What would it look like to bring that into the light with Jesus or a trusted person this week?
- **Light Calms:** What is currently causing you the most fear or anxiety? How might Jesus be inviting you to let His presence bring peace into that situation? How could you regularly bring the fear/anxiety to Him in prayer? What are some ways you have invited His calming light into your life?
- **Light Paces:** Where does your life feel rushed, out of balance, or exhausting right now? How might Jesus be inviting you to adjust your rhythm—whether that means slowing down, resting, or taking a step forward? What is one specific area you can identify where you are too rushed and it's not helping anyone, including yourself? What is one daily habit you can start to stay connected to the "light" (prayer, Scripture, reflection)?

Two-minute Takeaway

In response to this week's message, commit to taking two minutes each day to take a step closer to God.

The Feast of Tabernacles began and ended with a day of Sabbath—a day to stop, rest, and remember God. Take two minutes each day this week to be still before Him. Ask God to help you slow your pace, especially in the areas that feel most full. Then consider one simple way you could practice rest this week—setting aside time to pause, breathe, and be with Him.

Prayer

Close your group time together with prayer.