

# Listening Prayer

Lord,  
I silence  
myself in  
your  
presence.

*\*take a moment  
to pause\**

Forgive me  
for letting  
the noise of  
the world  
drown out  
your voice.

*\*take a moment  
to pause\**

I choose to  
listen  
to you.

*\*take a moment  
to pause\**

Align my  
heart with  
yours and  
tune my  
ears to your  
voice above  
all else.

# Confession Prayer

Lord,  
I admit I am  
not enough  
on my own  
and I am in  
need of you.

I have sinned  
by my  
thoughts,  
words, and  
actions.

I know Jesus  
is good and  
will not hold  
this against  
me, so I ask  
to be forgiven.

Holy Spirit,  
encourage my  
choice to live  
a new life of  
freedom  
so that my life  
will make your  
invisible work  
in me, visible  
to the world.

In Jesus'  
name,

Amen.