

DID YOU KNOW?

Sheep depend on their caretaker, or shepherd, to feed them, protect them, and even trim their wool (that's the sheep version of hair). They recognize the voice of their shepherd because they know him so well. Sheep really trust their shepherd to take care of their every need!

God tells us in the Bible that He is our Shepherd and we are His sheep. John 10:14 says, "I am the good shepherd; I know My own sheep, and they know Me." Through this verse, we can be reminded that we can depend on our great Shepherd to take care of our every need.

OTHERS LIKE YOU

You may experience new feelings when you know someone dealing with illness. Below are some examples of feelings that different kids, just like you, have felt when dealing with illness. Circle the different ways you have felt below.



GOD'S WORD SAYS

God gives us great instructions on how to deal with the difficulties of illness. We can find those instructions in the Bible. God tells us to trust Him no matter what, even when it's extremely difficult or when we don't understand.

In Proverbs 3:5-6 God says, "Trust in the Lord with all your heart, and lean not on your own understanding; In all your ways acknowledge Him, and He shall direct your paths." Sometimes it may be hard to trust God, but thankfully we can ask God through prayer to give us the faith to trust in Him. Ask God today to help you trust Him more during this time.

REMEMBER

God tells us in Isaiah 26:3 that He will give you perfect peace as you seek Him and trust in Him. Peace is knowing that we may not understand why things are happening but we can trust that God is in control. Peace isn't always easy to have in difficult times which is why we can ask God through prayer to give us His peace. God knows exactly what it's like to see someone go through a difficult time and He wants to help you. You can find your help in the Bible as God speaks directly to you from His Word. Color the word, "PEACE", below to remind yourself that you can ask God for peace.



ALL ABOUT GOD

We know God wants us to trust Him. Now let's learn more about the God we can trust. Look up the 3 verses below and write down what the Bible says about our God we can trust. Reflect on what you've learned from God in these verses and respond through prayer by asking Him for help in this area.

ISAIAH 55:9

PSALM 100:5

PSALM 147:5

RESPOND:

