



WILLIAMS CHAPEL CHURCH
Chief Apostle Kimberly Nixon, Pastor



Psalm 13:1 KJV

How long wilt thou forget me/us, O LORD? for ever? how long wilt thou hide thy face from me/us?

Amos 5:24 AMPC

But let justice run down like waters and righteousness as a mighty and ever-flowing stream.

“Rage is the Language of the Unheard.”

Dr. Martin Luther King Jr. famously said, "A riot is the language of the unheard." He delivered this poignant observation during his 1967 speech, "The Other America," at Stanford University.

In the speech, King explained that to truly understand riots, society must listen to what marginalized communities have been trying to express, specifically pointing to unfulfilled promises of equality and delayed justice. He maintained that while riots are socially destructive, they do not develop in a vacuum.

“Rage is the language of the unheard.”

This phrase suggests that rage often emerges when people feel ignored, dismissed, silenced, or repeatedly denied justice. While rage itself can become destructive if left unchecked, it usually points to a deeper wound that is crying out to be acknowledged.

In that sense:

- **Anger says:**“ Something is wrong.”
- **Rage says:**“ Something has been wrong for a long time, and no one is listening.”
- **Bitterness says:**“ I no longer believe it will ever be made right.”

For many people, rage is not the first emotion—it is the accumulated result of grief, disappointment, injustice, betrayal, powerlessness, or repeated humiliation.

The Scriptures recognize this reality. The cries of the oppressed throughout the Bible are the voices of people who felt unheard:

“How long, O Lord?” (Psalm 13:1)

“Justice standeth afar off: for truth is fallen in the street.” (Isaiah 59:14)

God does not ignore those cries. He hears what others overlook.

For leaders, especially pastors, this creates a holy challenge. People may bring their rage into the sanctuary, but beneath it may be:

- ***A grief that has not been comforted.***
- ***A wound that has not been acknowledged.***
- ***An injustice that has not been addressed.***
- ***A fear that has not been named.***



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The goal is not simply to silence rage, but to listen deeply enough to discover what it is trying to say.

A pastoral exhortation:

“Church, let us not allow our pain to become our master. Rage may tell us that we have been unheard, but the Gospel reminds us that we are not unseen. God hears the cry of the oppressed, sees the tears of His people, and calls us to pursue justice without surrendering our hearts to hatred. We can tell the truth about what hurts us while still walking in the Spirit of Christ.”

The challenge is to transform rage into something redemptive:

- *Rage can become **lament** before God.*
- *Lament can become **prayer**.*
- *Prayer can become **courageous action**.*
- *Courageous action can become **hope-filled change**.*

The enemy wants rage to consume us. God wants truth to guide us, justice to strengthen us, and love to keep our hearts free.

Transforming Rage Into Something Redemptive

Rage is powerful energy. Left unchecked, it can destroy. Surrendered to God, it can become a force for healing, justice, and transformation.

1. Rage Becomes Lament

Instead of exploding outward or turning inward, bring your pain before God.

“Pour out your heart before him: God is a refuge for us.” — **Psalm 62:8**

Lament gives voice to what hurts without allowing hurt to have the final word.

2. Rage Becomes Prayer

Prayer moves us from reaction to relationship. We stop merely rehearsing the wound and begin seeking God’s wisdom, strength, and intervention.

“Be careful for nothing; but in every thing by prayer and supplication... let your requests be made known unto God.” — **Philippians 4:6**

3. Rage Becomes Righteous Courage

Not every expression of anger is sinful. Jesus was angry at injustice, hypocrisy, and exploitation. The question is whether our anger serves God’s purposes or our own vengeance.

“Be ye angry, and sin not.” — **Ephesians 4:26**

Righteous courage says, “This is wrong, and by God’s grace I will stand for what is right.”

4. Rage Becomes Compassion

Often our deepest wounds give us the greatest capacity to understand the suffering of others.

The person who has been overlooked becomes an advocate for the overlooked.

The person who has experienced injustice becomes a voice for justice.

“Comfort those who are in any trouble with the comfort we ourselves receive from God.” — 2 Corinthians 1:4



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5. Rage Becomes Purpose

The energy that once fueled resentment can fuel Kingdom assignment.

What if the very thing that angers you is revealing what God has called you to confront, heal, rebuild, or reform?

“Let justice roll down as waters, and righteousness as a mighty stream.” — Amos 5:24

A Declaration

“I will not allow rage to become my residence. I will bring my pain before God. I will turn my wounds into wisdom, my frustration into faith, my anger into righteous courage, and my sorrow into service. What the enemy intended to consume me, God will use to commission me. My rage will not become revenge; it will become redemption.”

Rage can become lament.

Lament can become prayer.

Prayer can become courage.

Courage can become action.

Action can become justice.

And justice, in the hands of God, can become healing.