

PSALMS: A CRY IN THE NIGHT

Daily Bible Reading Plan

April 12 - May 24, 2026

Memory Verses: Psalms 23:1-6

Reading and Praying the Psalms

- We've organized this dive into the Psalms thematically, with the plan culminating where the Psalms always end up: declaring God's praise!

All videos and readings are available at myecom.com/dailybible and on the PCOM app under Spiritual Formation

Introductory Stuff:

- **Video: How to Read the Bible: Poetry**
- **Video: The Psalms: Introduction**
- **Reading: The School of the Psalms, Eugene Peterson**
- **Reading: The Psalms as a Tool, Eugene Peterson**

Week 1 - Psalms of Delight & Joy

- 4/12: Psalm 1:1-6
- 4/13: Psalm 16:1-11
- **Video: Chara/Joy**
- 4/14: Psalm 30:1-12
- 4/15: Psalm 37:1-17
- 4/16: Psalm 37:18-40
- 4/17: Psalm 100:1-5
- 4/18: Psalm 147:1-20

Week 3 - Psalms of Repentance & Forgiveness

- 4/26: Psalm 6:1-10
- 4/27: Psalm 38:1-22
- 4/28: Psalm 51:1-19
- **Video: David**
- 4/29: Psalm 86:1-17
- 4/30: Psalm 103:1-22
- 5/1: Psalm 130:1-8
- 5/2: Psalm 143:1-12

Week 2 - Psalms of Fear & Anger

- 4/19: Psalm 5:1-12
- 4/20: Psalm 23:1-6
- **Guide: What Does Psalm 23 Mean?**
- 4/21: Psalm 27:1-14
- **Guide: Praying the Psalms in Times of Fear**
- 4/22: Psalm 34:1-22
- 4/23: Psalm 35:1-16
- 4/24: Psalm 35:17-28
- 4/25: Psalm 56:1-13

Week 4: Psalms of Hope and Confidence

- 5/3: Psalm 33:1-22
- 5/4: Psalm 46:1-11
- 5/5: Psalm 62:1-12
- 5/6: Psalm 71:1-24
- 5/7: Psalm 91:1-16
- **Video: Yakhel/Hope**
- 5/8: Psalm 121:1-8
- 5/9: Psalm 145:1-21

Week 5: Psalms Seeking Wisdom

- 5/10: Psalm 1:1-6 (again!)
- **Video: Psalm 1**
- 5/11: Psalm 49:1-20
- 5/12: Psalm 73:1-28
- 5/13: Psalm 119:1-16
- 5/14: Psalm 119:33-48
- 5/15: Psalm 119:97-112
- 5/16: Psalm 119:129-144

Week 6: Psalms of Praise

- 5/17: Psalm 65:1-13
- 5/18: Psalm 104:1-18
- 5/19: Psalm 104:19-35
- 5/20: Psalm 136:1-26
- 5/21: Psalm 146:1-10
- 5/22: Psalm 147:1-20
- 5/23: Psalm 148:1-14
- **Video: Psalm 148**
- 5/24: Psalms 149:1-14 and 150:1-6