

NOW SHOWING
THE PARABLE OF THE SOWER
MATTHEW 13:1-23



INSIDE OUT 2
STORIES THAT
CHANGE EVERYTHING



NOW SHOWING — Coming Attractions *A Family & Friends Discussion Guide* The Parable of the Sower · Matthew 13:1–23 · Paired with the film *Inside Out 2*

Where to Watch *Inside Out 2* is streaming on Disney+ (also available to rent/buy on Amazon Prime Video, Apple TV, Fandango at Home). PG, ~96 minutes. Parents Guide to [Inside Out 2](#): <https://www.common sense media.org/movie-reviews/inside-out-2>

Movie Summary *Inside Out 2* catches up with Riley as she turns thirteen. When puberty arrives, new emotions — Anxiety, Envy, Embarrassment, and Ennui — crash into Headquarters. Anxiety takes over the controls, locks the original emotions away, and starts rebuilding Riley around one goal: control every outcome and become whoever she needs to be to fit in. It's a story about what happens when one voice is given too much room to grow inside us — and what it takes to let the truer, steadier parts of who we are come back.

Sunday's Message Jesus tells the story of a farmer who generously scatters seed across every kind of soil. The seed—the Word of the Kingdom—is always powerful; what changes is the condition of the heart that receives it. Some hearts are hard and closed, some are shallow, some are crowded by worry and the pursuit of more, and some are open and surrendered, producing a harvest beyond what was planted. The big idea is simple: **what grows in us depends on the condition of our hearts.** The good news is that Jesus doesn't leave us to change our own hearts. He is the One who softens what is hard, deepens what is shallow, and clears away what competes for His Word so new life can grow.

Read the Text Together Matthew 13:3–9, 18–23 (NLT)

Discussion Questions

1. In the movie, Riley finally lets the other emotions back in instead of letting Anxiety run the whole show. What moment in the film stood out to you, and why?
2. Which soil — path, rocky, thorny, or good soil — feels closest to where your heart actually is right now, and why?
3. Have you ever felt real joy about following Jesus that faded when things got hard? What would deeper roots look like?
4. What's one thing right now that's competing for the same ground as your relationship with God?
5. In the movie, Anxiety takes over Riley's control panel. What tends to take over the "control panel" in your own life?
6. What would it look like this week to stop managing your soil and let God in to work on it?

Main Next Step This week, choose one practice that creates space for the word to grow — silence, reading one verse slowly, or stepping away from a screen that's crowding your attention — and give God that space daily, simply asking Him to grow what He's already planted.

Pray Together.

Stonecrest Church · Now Showing: The Parables of Jesus · July 5, 2026

