

The SOAP Bible Study Method

SOAP is a simple way to spend time with God in His Word. It helps move beyond simply reading the Bible to understanding it, applying it, and responding to God in prayer. SOAP stands for Scripture, Observation, Application, and Prayer.

S – Scripture

Pray for understanding, read a passage carefully, and write down the verse(s) that stand out. Ask: What stands out? What is God emphasizing?

O – Observation

Observe what the passage says before deciding what it means. Look for commands, promises, repeated words, contrasts, and truths about God and people. Ask: What is happening? What does this teach about God and people?

A – Application

Ask how God wants you to respond. What truth should I believe? Is there a command to obey, a sin to confess, or an attitude to change? What is one specific action I will take today?

P – Prayer

Talk with God about what you learned. Thank Him, confess where needed, ask for strength to obey, and pray that His Spirit will help you live out His Word.

Example – Philippians 2:3-4

Scripture: Do nothing from selfishness or empty conceit, but with humility consider one another as more important than yourselves.

Observation: Paul calls believers to live with humility and put others first.

Application: Today I will intentionally serve someone without seeking recognition.

Prayer: Father, help me reflect Christ's humility today. Amen.

SOAP Worksheet

Scripture

Observation

Application

Prayer
