



# ROOTED

A STUDY IN COLOSSIANS

Title: THE ROCKS, THE WRESTLERS  
AND THE RACE

Main Scripture: Colossians 4:10-14

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## The Rock

Who is somebody in your life who is like a rock? Am I willing to be a rock for someone?

## The Wrestler

Who is somebody in your life who is wrestling in prayer? Do I wrestle in prayer for my church and for others?

## The Race

Do I need to do the hard work of reconciliation with someone?

# The Small Group Sermon Study



**Opening Prayer:** *Father, in Jesus' name, through the Holy Spirit, come and speak to us, teach us and transform us as we read, discuss and reflect on Your word.*

*Read the key passage(s) of Scripture from the message and review the points from the sermon notes, then answer the following questions:*

1. What did you like or appreciate about this message? What was new or surprising to you?
2. What do we learn from this passage and message about God (Father, Jesus, Holy Spirit)? What do we learn about who He is, how He feels, what actions He takes, etc.?
3. What does this passage tell us about responding to God? What does living by faith look like in this passage?
4. What don't you understand or what other questions does this passage/sermon make you ponder?
5. What challenges are being brought to light in this sermon/passages? Are there any obstacles to which you can relate?
6. What attitudes, emotions, behaviors, or ideas are being exposed? How do they line up with what we know about God's character and His word?

**Personal Reflection:** *Silently re-read the key Scripture(s) from the message, asking the Holy Spirit to speak to you.*

- What do you need to surrender to Jesus? How will you respond to what God is showing you?
- What verse, phrase or word do you need to take with you this week? How will you act on what you've heard?

*Prayer: Spend time praying for one another (that we would grow in our love for God and others, that we would be transformed by what God has revealed, that we would be alert and obedient to God, etc.).*