

# Spiritual Warfare

## Quick Reference Guide

### PURSUING GOD'S PRESENCE - Small Group Resource

As believers, we are in a daily battle with the enemy and the kingdom of darkness.  
God has overcome and gives us victory in Jesus!

2 Corinthians 10:3-4 *“For though we walk in the flesh, we are not waging war according to the flesh. For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds.”*

#### 1. Understand the spiritual environment.

Acknowledge that your struggle isn't against any difficult person in particular but against the spiritual reality that may be influencing them.

Ephesians 6:12 NLT *“For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.”*

#### 2. Put on the full armour of God.

Ephesians 6:10-11, 13-17 ESV *“Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. ... Therefore take up the whole armor of God ... Stand ... having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God.”*

#### 3. Read Psalm 91 out loud.

**4. Place the cross of Christ between you and the other person/situation.**

Galatians 3:13 ESV *“Christ redeemed us from the curse ... by becoming a curse for us—for it is written, ‘Cursed is everyone who is hanged on a tree.’”*

Because Christ became the curse for us on the cross, it is the most physical representation of everything His death accomplishes. Therefore, when we place it between us and other people/places, it becomes a filter through which curse and other people’s wounding/bondage get filtered out before it reaches us.

Prayer: “I lift up the cross of Christ and everything it represents between \_\_\_\_\_ and me, that whatever passes between us must pass through the cross of Christ.”

**5. Take your thoughts captive.**

2 Corinthians 10:5 *“We destroy arguments and every lofty opinion raised against the knowledge of God, and we take captive every thought to make it obedient to Christ.”*

When struggling with anxiety, temptation of every kind, negative thoughts about yourself, or lies about God take authority over them: “I take every thought captive and make it obedient to Jesus Christ.”

**6. Walk in the authority we have in Christ.**

Prayer: “I cover myself in the blood of Jesus and now take my stand under the Lordship of Jesus Christ. With the authority given to me, I say, ‘Satan, stop it. Leave me alone and stop interfering in this situation!’ God, I pray for Your protection over me and everything You have put in my care.”

Read James 4:7-10.

**7. Pray throughout your day for God's guidance, protection and discernment.**

Ephesians 6:18 NLT *"Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers ..."*

**8. Magnify God through praise and worship.**

By exalting God and acknowledging His supremacy over us and all created things, we are shifting our focus back to God. Some of the ways that we can do this include playing worship music, reading scriptures, making declarations of God's attributes, offering prayers of thanksgiving or taking communion.

Colossians 1:15-18; Psalm 22:3, 150:2; Acts 16:25-26

*Small Group  
Dialogue*

- When or how have you encountered spiritual warfare in your life?
- How do you deal with it? How have you matured or grown in this?
- How have you seen God protect you or bring you victory when you have felt attacked?
- How does belonging to a small group impact our ability to be effective in warfare or provide spiritual protection?
- How can we as a small group support one another in this?

**Additional Leader Resources**

- "Early Warnings" Sermon, Ephesians Series, Pastor Al Andrus, June 26-27, 2021
- "The Power of Prayer" Sermon, Ephesians Series, Pastor Craig Cadwell, August 14, 2021
- "Prayer: Spiritual Warfare" Leader Training Workshop
- *Bondage Breaker/Victory of the Darkness* by Neil T Anderson
- Encounter God Retreat

