



Cityline Cares – Local Food Pantries Resources

We've gathered some resources for our Lakewood, Bellflower, Paramount, Artesia, Long Beach communities. Check out this list - and connect with the care team if you need any guidance or advocacy with any of these locations.

Local Food Pantries

Monday - Friday

[Salvation Army Bellflower](#)- 9644 Cedar St, Bellflower | 562-804-0808

Food boxes are available for families with children, on Wednesdays by appointment only. Food Boxes only for residents of the following cities: Norwalk, Cerritos, Artesia, Bellflower, and Paramount. (Must show ID and proof of address, preferably a bill)

M-F Call in to make emergency request for Groceries/Baby supplies/clothing etc. during regular office hours

[Calvary Chapel of Downey](#)- 12808 Woodruff Ave, Downey CA/ 562-803-5631

M-W-F 10AM-12 No ID needed, open to everyone *drive thru only*

Monday

[Shower of Hope](#)- 1878 Telegraph Rd., Downey CA

Free mobile showers every Monday 11am-3pm next to the water tower

[Centro Cristiano Manantial De Vida](#)- 10035 Washington Blvd., Norwalk, CA | 562-481-1642

Food Distribution: 1st & 2nd Monday 6PM-7PM

No ID needed/open to everyone

[Community Chapel World Outreach](#)- 12400 Studebaker Rd., Norwalk, CA | 562-868-0072

Food Distribution: Monday 12PM-1PM No ID needed/ open to everyone *Closed on all state holidays*

Tuesday

[Bethany Church](#)- 17054 Bixby Ave, Bellflower | 562-866-1812

Food Pantry: every Tuesday 2:00pm-3:00pm.

*One bag limit. Distributed outside in the common area.

Sack Lunch Distribution from 4:00pm-4:30pm. Distributed outside in the common area.

[St Bernard Church Food Pantry](#)- 9627 Beach St, Bellflower | 562-867-2337

Food Distribution: Every Tuesday 10:00am-1:00pm & 6:30PM-7PM

Get there early, canned food and groceries.

Distributed in the parking area by the garages.

[Paramount S.D.A. Church](#)- 9438 Alondra Blvd, Bellflower | 951-313-8958

Food Distribution: 1st & 3rd Tuesday 11:30am-1:00pm

[Fresh Anointing C.O.G.I.C.](#)- 9020 Imperial Hwy, Downey | 562-746-0012

Food Distribution: Every Tuesday 10:00am-12:00pm

[City of Norwalk/ Dept. Social Services](#)- 11929 Alondra Blvd., Norwalk | 562-929-5544

Food Distribution: Every Tuesday 9:00am-12:00pm/ 1:00pm-5:00pm

[St. Paul of the Cross Church](#)- 14020 Foster Rd., La Mirada CA | 562-921-2914

Food Distribution: Every Tuesday 10:30am-11:30am

[Salvation Army Whittier](#)- 12000 Washington Blvd., Whittier CA | 562-698-8348

Food Distribution: Every Tuesday 10:00am-1:00pm

Open to everyone *Diapers Available



Cityline Cares – Local Food Pantries Resources

Wednesday

[The Lord's Church-](#)

9701 Flower St, Bellflower | 949-415-9926

Food Distribution: Every 2nd & 4th Wednesday from 4:30pm-6:00pm.

Distributed at Church Annex on Flower/Orchard.

[Desert Reign Assembly of GOD Church – 11610 Lakewood Blvd., Downey| 562-861-6011](#)

Text DRCFOOD to 84576 for more info

Food Distribution: Every other Wednesday from 10:30am-12:00pm.

No ID needed, open to everyone

[Joseph Jacob United Church of GOD in Christ-](#)

16303 Orange Ave., Paramount | 562-438-1402

Food Distribution: 2nd Wednesday 10:00am-11:30am

[Cesar Chavez Elementary School- 930 W. 3rd St., Long Beach |](#)

BLUE SHOES ADVENTURE KIDS

Food Distribution: 1st Wednesday 2:00pm- 3:00pm

[Museum of Latin American Art-](#)

BLUE SHOES ADVENTURE KIDS

517 Alamitos Ave., Long Beach |

Food Distribution: 3rd Wednesday 4:00pm- 5:00pm

[Whitter Elementary School](#)

BLUE SHOES ADVENTURE KIDS

1716 Walnut Ave, Long Beach |

Food Distribution: 3rd Wednesday 11:30am-12:30pm

[Lincoln Elementary School](#)

BLUE SHOES ADVENTURE KIDS

1175 E. 11 St., Long Beach |

Food Distribution: 2nd & 4th Wednesday 11:15am-12:15pm

[Philadelphian SDA Church](#)

BLUE SHOES ADVENTURE KIDS

2640 Santa Fe Ave., Long Beach |

Food Distribution: 2nd & 4th Wednesday 1:00pm-2:00pm

Thursday

[Calvary Baptist Church- 14722 Clark Ave, Bellflower | 562-925-3706](#)

Food distribution: 2nd Thursday- 10:00am-1:00pm.

One box per family limit. Pick up in Lot 1

[City of Norwalk/ Dept. Social Services- 11929 Alondra Blvd., Norwalk | 562-929-5544](#)

Food distribution: Every Thursday 9:00am-12:00pm/ 1:00pm-5:00pm

[Salvation Army Whittier- 12000 Washington Blvd., Whittier CA | 562-698-8348](#)

Food distribution: Every Thursday 10:00am-1:00pm

Open to everyone *Diapers Available*

[Salvation Army Bellflower- 9644 Cedar Ave., Bellflower CA | 562-804-0808, 562-335-2642](#)

Food distribution: Thursdays by appointment only.

Must be a Resident of Artesia, Bellflower, Cerritos, Norwalk, Paramount, ID Required & Proof of address, preferably a bill



Cityline Cares – Local Food Pantries Resources

[St. Dominic Savio Church](#)- 13400 Bellflower Blvd., Bellflower CA | 562-920-7796

Food distribution: Every Thursday 8:00am-10:00am

[St George Church](#)- 15721 Cornuta Ave., Bellflower CA | 562-698-8348

Food distribution: 2nd & 4th Thursday 4:00pm-6:00pm

Friday

[Rosewood Church](#)- 10115 Rose St, Bellflower | 562-804-4778

Food distribution: every Friday 3:00pm-4:00pm groceries (dry/canned goods, bread, frozen meat) (Bring your own bag)

Closed if Friday falls on a holiday

[Holy Redeemer Lutheran Church](#)- 14515 Blaine Ave., Bellflower, CA | 562-867-0714

Food Distribution: Every Friday 9:00am-10:00am

[Help Me, Help You](#)- 6822 Paramount Ave., CA | 562-612-5001

Food Distribution: 2nd & 4th Friday 2:00pm-3:00pm

[Inglesia Un Renuedo](#)- 13216 Fairford Ave., Norwalk, CA | 562-743-4611

Food Distribution: Every 3rd Friday 5:30pm-8:00

[Paramount Care Foundation](#)- 8206 Alondra Blvd., Paramount CA | 562-272-4962

Food Distribution: Every Friday 8:00am-10:00am

[Stevenson Elementary School](#)- 515 Lime Ave., Long Beach |

Food Distribution: 1st & 3rd 11:30am-12:30pm

[Revive Church](#) - 668 Obispo Ave., Long Beach

BLUE SHOES ADVENTURE KIDS

Food Distribution: 1st & 3rd Friday 1:00pm-2:00pm

[Oropeza Elementary School](#):

BLUE SHOES ADVENTURE KIDS

700 Locust Ave., Long Beach

Food Distribution: 2nd & 4th Friday 11:30am-12:30pm

[McKinley Elementary School](#)

BLUE SHOES ADVENTURE KIDS

6822 N. Paramount Blvd., Long Beach

Food Distribution: 2nd & 4th Friday 2:00pm-3:00pm

Saturday

[The Journey at Mayfair Church](#)- 6150 Bellflower Blvd, Lakewood | 562-867-3198

Food Distribution: 2nd Saturday of every month from: 9:00am-11:00am or until they are out of food. Arrive early to sign-in.

[Saturday Morning Breakfast & Showers at Calvary Baptist Church](#)- 14722 Clark Ave, Bellflower |

562-925-3706

Showers in the church Gym and food located in the back parking lot #1.

The showers are from 6:00am to 9:00am, first come first serve.

Dine in and to-go breakfast is served at 8am

[Seeds of Morning Glory/ Destiny House Ministries](#)- 15741 Woodruff Ave, Bellflower | 562-708-5025

Food Distribution: Every 1st Saturday 11:00am-1:00pm

[Holy Family Catholic Church](#)- 18708 Clarkdale Ave, Artesia | 562-246-6413

Food Bank: Every 3rd Saturday 9:00am- 11:00am



Cityline Cares – Local Food Pantries Resources

[New Life Community](#)- 18800 Norwalk Ave, Artesia | 562-924-4466

Food Bank: Every Saturday 9:30am- 10:30am

[SSS Good Samaritan Association](#)- 16907 Eric Ave, Cerritos | 562-924-4466

Food Bank: 4th Saturday 7:30am-10:30am

After school snacks & Dinner Tuesday & Thursday

Sunday

[Cerritos Crossroads Multinational Church](#)- 12229 E. Del Amo Blvd, Cerritos | 562-809-4143

Food Bank: Every Sunday 8:30am-9:20am (Line up at 7:00am)