

Print out the  
**COLD** memory  
verse PDF.

Create your own  
motions for the  
verse and  
memorize it  
together!

Have each family member think of  
someone he/she will intentionally serve  
this week.

Share one way that you will show  
kindness and love on purpose to that  
person this week.

Bundle up and take a walk  
outside as a family.

Then come inside to warm  
up.

Make some hot chocolate  
and play a board game  
together!

# cold

Read Matthew 10:42 (TPT)  
together: "And whoever gives a  
cup of cold water to one of my  
humble disciples, I promise you,  
he will not go unrewarded."

Discuss together- What does this  
verse mean?

Grab a piece of paper and a  
pencil.

Set a timer for 1 minute.

Can you write down 10 words  
that rhyme with COLD before  
time runs out? Good luck!!

Sometimes the hardest  
people to show love and  
kindness to is our own  
family.

Pray together as a family  
and ask God to help you  
love and serve one another  
on purpose.