

Print out the
RACE memory
verse PDF.

Create your own
motions for the
verse and
memorize it
together!

Have everyone guess what they think is
the fastest time ever that someone has
run a mile.

Look it up! Who was it and what country
were they from?

Was anyone's guess within 10 seconds?

Come up with your own
indoor relay race!

Be creative!

Split into 2 teams and race
against each other or
compete as a team against
the clock!

race

Read Romans 12:1b (NIV) together:
"And let us keep on running the
race marked out for us."

Discuss together- What kind of
race is this verse talking about?

What does it mean to "keep on
running?"

Have a race to see who can
make their bed the fastest in
the morning, while still doing a
good job!

Remind everyone, this is just
for fun!

Have everyone share
something they have a
hard time trusting God with.

Pray together as a family
and ask God to help you
keep believing and trusting
in Jesus even when it's
hard.