

## WORD of the week

Print out the **REFUGE** memory verse PDF.

Create your own motions for the verse and memorize it together!

Build a fort together as a family.

Play a game or read a book together in the fort. Remind your kids you love them so much and will always do your best to keep them safe.

What kind of animals might find refuge in a:

Log?

Tree?

Cave?

Barn?

House?

# REFUGE

Read Psalms 46:1 (NIV)

**“God is our refuge and strength,  
an ever-present help in trouble.  
Therefore we will not fear.**

Discuss together-

What does ever-present mean?

Have each family member share about a time they trusted God to be their refuge when they felt scared.

Pray and thank Jesus that He has the power to bring peace to our fears.

Spend a few minutes praying for those who don't have a nice warm house as a refuge on these cold winter nights.

Pray that God would protect and provide for them.