

Life Group Leader Guide
Believe and Be Changed
***The Helper* (John 16:5–15)**

Main Idea

Jesus' departure was not a loss; it was an advantage. Through the Holy Spirit, God is now present with and within every believer, guiding, convicting, empowering, and transforming us into witnesses of Christ.

Icebreaker

If you could have **one of these with you all the time**, which would you choose and why?

- A personal life coach
- A lawyer to defend you in every situation
- A therapist to help you process everything
- A guide who always tells you the right decision

Read Together: John 16:5–15

Discussion

1. “It Is to Your Advantage”

- What stands out to you from this passage?
- What do you think Jesus meant when He said it was *better* for Him to go?
- Why would the presence of the Holy Spirit be an advantage over Jesus' physical presence?
- How does knowing God is with you at all times change how you live?

2. Who Is the Holy Spirit?

- When you hear “Holy Spirit,” what comes to mind?
- Which role of the Holy Spirit do you most connect with right now:
 - Comforter
 - Counselor
 - Teacher
 - Guide
- Why do you think Jesus described the Spirit as “another Helper” like Himself?

3. Conviction vs. Condemnation

Read **John 16:8**

- Describe what conviction feels like to you?
- How is it different from condemnation?

Discuss the difference:

- Conviction leads toward God
- Condemnation pushes away from God
- When have you felt conviction that led to growth? What was that like?
- What makes you feel condemnation?
- Have you learned to recognize the difference between these two voices?

4. What the Spirit Reveals

Jesus says the Spirit convicts concerning **sin, righteousness, and judgment.**

- Why is it important that the Spirit reveals sin?
- How does the Spirit help us understand righteousness now that Jesus is not physically here?
- What does it mean to you that evil has already been judged and defeated?

5. The Spirit as Teacher and Guide

Read **John 16:13**

- What does it mean that the Spirit will “guide you into all truth”?
- How does the Holy Spirit help us understand Scripture and apply it to life?
- Can you think of a time when you sensed God guiding you?
- How do you typically recognize the Spirit’s leading?

6. From Believers to Witnesses

Read **Acts 1:8**

- What changes when the Holy Spirit empowers someone?
- Why do you think the Spirit’s power is connected to being a witness?
- What makes it difficult to share your faith?
- How could relying on the Holy Spirit change that?

Application

Ask everyone:

Where do you most need the Holy Spirit’s help right now?

- Guidance?
- Comfort?
- Conviction?
- Boldness?