



Session #3 – Worship & Prayer

True or False:

Please answer the following True or False questions based on what you believe about worship and prayer.

- 1) T ___ F ___ Worship is primarily about the emotional experience of the person worshipping.
- 2) T ___ F ___ Prayer is considered by God to be an act of worship.
- 3) T ___ F ___ A person must kneel or bow their head physically to truly worship God.
- 4) T ___ F ___ Prayer is about asking God for things you want.
- 5) T ___ F ___ Worship can only occur inside a church building on Sundays.
- 6) T ___ F ___ The Holy Spirit helps believers when they don't know how to pray.
- 7) T ___ F ___ Singing songs is the only way to worship.
- 8) T ___ F ___ Prayer is primarily a one-way monologue.
- 9) T ___ F ___ Everyone worships something, even if it is not God.
- 10) T ___ F ___ Only the most pious or 'righteous' people can have effective prayers.
- 11) T ___ F ___ In the Bible, worshipping God in ways He has not sanctioned is considered false worship.
- 12) T ___ F ___ According to Christian tradition, worship is simply a synonym for a church service.
- 13) T ___ F ___ Our prayers can change God's mind about His will.
- 14) T ___ F ___ Worship and service to God go hand in hand.

Facts About Worship & Prayer

- 1) The word 'worship' is derived from an Old English word meaning 'worth-ship'. It refers to acknowledging the worth or value of the object of worship.
- 2) True worship requires sincerity of heart (spirit) and alignment with biblical doctrine (truth). **(John 4:23-24)**
- 3) The basic elements of prayer are: **Faith, Adoration, Confession, Thanksgiving, and Supplication.**

Why Should We Worship?

- 1) It is Important to _____
 - a. As an Expression of Our _____ and _____
 - i. *"Part of the spiritual transformation you experience as a Christian comes when you recognize that God attaches great importance to worship and prayer. Why? Because these are the deepest, most honest expressions of love and faith we can offer to God."* -Greg Laurie (from Start to Follow Manual)
 - ii. *"Worship expresses itself in complete devotion to the object of its love."* -Greg Laurie (from Start to Follow Manual)
 - b. As a Sweet _____ **(Psalm 141:2)**



It is Important for _____

- c. We Were _____ to Worship (**Ephesians 2:10**)
 - i. *"Deep within the DNA of the human spirit is a desire to worship...God created people with a sense of something greater than themselves – something more to life than this life."* - Greg Laurie (from Start to Follow Manual)
- d. Our _____ is to Bring God Glory (**Matthew 5:16 and 1 Cor. 10:31**)
 - i. *"Man's chief end (purpose) is to glorify God, and to enjoy Him forever."* - Westminster Shorter Catechism
 - ii. **Ephesians 2:4-10** describes believer's as 'trophies' designed by God to showcase *"the exceeding riches of His grace"*.
- e. We are _____ Though Our Worship
 - i. Worship transforms believers, allowing them to grow closer to God, become more like Him, and find ultimate fulfillment in His presence. (**2 Corinthians 3:18**)

How Should We Worship?

- 1) With _____ and _____ (**John 4:24**)
- 2) Worship _____ Alone (**Matthew 4:10 and Hebrews 13:16**)
- 3) In the _____ (**Psalms 26:12, Psalm 100:4, Psalm 111:1, and Psalm 134:1-2**)
- 4) In Our Private _____ (**Matthew 6:6, Matthew 6:9, Psalm 95:2, and Psalm 105:1**)
 - a. Our private prayers should express our adoration and thankfulness to Him.
- 5) With Our _____ (**Psalms 105:1-2, Eph. 5:19, Col. 3:16, and Psalm 51:15**)
- 6) Through Our _____ (**Matthew 5:16 and Ephesians 5:1-2**)
- 7) Through _____ and _____ (**1 Corinthians 12:4-7, 2 Corinthians 9:10-13, and Proverbs 3:9-10**)
- 8) In _____ We Do (**1 Corinthians 10:31**)
 - a. *"True worship is not lip service, but life service. It is to be as much a part of our lives as breathing and eating. Worship should be done in every area of our lives, every day of our lives."* -from Hold These Truths
 - b. *"We must offer all of our acts to God and believe that He accepts them. Then hold firmly to that position and keep insisting that every act of every hour of the day and night be included in the deal. Keep reminding God in our times of private prayer that we intend for every act to bring Him glory; then supplement those times by a thousand thought-prayers as we go about the job of living. Let us practice the fine art of making every work a priestly service. Let us believe that God is in all our simple deeds and learn to find Him there."* A. W. Tozer (from The Pursuit of God)



What is Prayer?

- 1) Prayer is _____ to God (**Psalm 123:1-2 and Hebrews 12:2**)
 - a. It is recognizing that He is God and the One we should go to for all our needs.
(**Hebrews 11:6**)
 - b. Jesus exemplified this in **Matthew 14:19**.
- 2) Prayer is _____ to God
 - a. *"Prayer is not tapping into some unknown mystical force or energy that we stir up in ourselves. Prayer is simply talking to God. ...You can – and should – speak to God about anything and everything."* - Greg Laurie (from Start to Follow Manual)
- 3) Prayer is a _____ Experience
 - a. In prayer, God communicates with us through the avenues of our minds, our wills, and our emotions.
 - b. Through prayer, God transforms us. (**Romans 12:2 and Philippians 4:6-7**)
 - i. As we pray, we begin to view reality as God does, allowing us to embrace His plans.
 - ii. *"Prayer is not just trying to get God to move. It is an important process through which God moves and changes us. In other words, prayer will not only transform whatever you are praying about; it will transform you."* - Greg Laurie (from Start to Follow Manual)

How Should We Pray?

- 1) Pray Without _____ (**Ephesians 6:18, 1 Thess. 5:16-18, and Psalm 55:17**)
 - a. *"Supplement your times of private prayer with a thousand thought-prayers as you go about your daily job of living."* (from Tozer's quote above)
- 2) Pray in _____ (**1 Timothy 2:5, John 14:6, Ephesians 2:18**)
 - a. It is only through Jesus that we have access to the Father.
- 3) Pray According to _____ (**1 John 5:14-15, John 15:7, James 4:3, 1 John 3:22**)
- 4) Follow Jesus' _____ (**Matthew 6:9-13**)
- 5) Use the _____ Method
 - F _____ – Looking to God and believing in Him (**Hebrews 11:6, Matthew 21:22, Mark 11:24, and James 1:5-6**)
 - A _____ – Worship and praise God for who He is
(**1 Chronicles 29:10-13, Matthew 6:9, Revelation 4:11, and Psalm 145:1-2**)



C_____ – Confess and repent of any known sins (**1 John 1:8-9, Matthew 6:12, Psalm 32:3-5, Psalm 51:1-3, and Proverbs 28:13**)

i. Don't just repent for what you do (sin), but for who you are (a sinner)

T_____ – Express gratitude for God's blessings in your life (**Psalm 95:2, Psalm 118:1, Philippians 4:6, 1 Thessalonians 5:18, Hebrews 13:15, and Psalm 100:4**)

S_____ – Humbly make requests for your needs and the needs of others (**Hebrews 4:16, 1 Timothy 2:1, Ephesians 6:18, and Matthew 6:11**)

i. Make a prayer list and keep a journal of answered prayers.

Does God Answer Prayer?

Read and discuss the following verses: Matthew 7:7-11, Jeremiah 33:3, Ephesians 3:20-21, 1 Corinthians 2:9, 1 John 5:14-15, Mark 11:24, Psalm 91:15, Isaiah 65:24, James 1:5, and Luke 18:1-8 (Parable of the Persistent Widow)

Verses about Worship and Prayer

Practice finding verses in your Bible by looking up the following verses concerning worship and prayer. Write the verse or a summary of the verse in the space provided. Choose your favorite verses and commit them to memory.

John 4:23-24 - _____

1 Corinthians 10:31 - _____

2 Corinthians 3:18 - _____

Matthew 4:10 - _____

Hebrews 13:15-16 - _____

Matthew 6:6 - _____

Matthew 6:9-13 - _____



Psalm 105:1-2 - _____

Ephesians 5:19 - _____

Psalm 51:15-17 - _____

Ephesians 5:1-2 - _____

Proverbs 3:9-10 - _____

Hebrews 11:6 - _____

Psalm 123:1-2 - _____

Hebrews 12:1-2 - _____

Romans 12:2 - _____

Philippians 4:6-7 - _____

1 Thessalonians 5:17 - _____

Ephesians 6:18 - _____

1 Thessalonians 5:16-18 - _____

1 Timothy 2:5 - _____

John 14:6 - _____

1 John 5:14-15 - _____

James 1:5-6 - _____

Revelation 4:11 - _____

1 John 1:8-9 - _____

Proverbs 28:13 - _____

Psalm 95:2 - _____

Hebrews 13:15 - _____

Hebrews 4:16 - _____