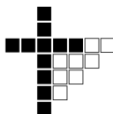




DISCIPLESHIP TRAINING

FALL 2026
3rd-5th Grade



St. Luke Lutheran Church

Discipleship Training

Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up. (Deuteronomy 11:19)

As an integral part of the mission and ministry of St. Luke Lutheran Church, the Discipleship Training program is offered to extend the efforts of parents by providing opportunities for disciples from children in grades three to eight through parents to develop a deeper relationship with God and others, to grow in their knowledge of the Bible with an emphasis on Lutheran doctrine and to acquire the spiritual discipline to lead their lives according to Christian beliefs.

Lead Staff Member

Pastor Sutton – pastortsutton@knowingJesus.org

Meridian Campus Teachers

6-8th Grade

Pastor Sutton: pastortsutton@knowingJesus.org

Pastor Stainbrook: pastormstainbrook@KnowingJesus.org

3-5th Grade

Elizabeth Sutton: suttonrelizabeth@gmail.com

Christ Campus Teachers

6-8th Grade

Pastor Stainbrook: [pastormstainbrook @KnowingJesus.org](mailto:pastormstainbrook@KnowingJesus.org)

3-5th Grade

Pastor Elamin: pastorebanjor@KnowingJesus.org

Fall Schedule

FALL 2026

DISCIPLESHIP TRAINING

Schedule + Sequence

SEPTEMBER

FAMILY STUDY WEEK

September 14-20

OCTOBER

FAMILY STUDY WEEK

October 4 - 10

FAMILY STUDY WEEK

October 18 - 24

IN PERSON CLASS

September 16 | 6:30pm-8:00pm (MC)

September 19 | 5:00pm-6:30pm (CC)

IN PERSON CLASS

September 30 | 6:30pm-8:00pm (MC)

October 3 | 5:00pm-6:30pm (CC)

IN PERSON CLASS

October 14 | 6:30pm-8:00pm (MC)

October 17 | 5:00pm-6:30pm (CC)

IN PERSON CLASS

October 28 | 6:30pm-8:00pm (MC)*

*Note: Combined class with MC & CC

Classroom Sessions

Classroom sessions (in person class) are a time for students to gather with peers and learn the basics of the Christian faith. Classroom sessions are 1.5 hrs. long. **NOTE: Please attend classes at the same campus through the term.** If you need to switch campuses in the middle of the term, please let the church know.

Meridian Campus (Wednesday @ 6:30-8:00pm)

September 16 - September 30 - October 14 - October 28

Christ Campus (Saturday @ 5:00-6:30pm)

September 19 - October 3 - October 17 - October 28*

(*Note: The class is at Meridian Campus)

Family Sessions

Family sessions are a time for families to gather together to study and apply God's Word. Families are free to do these studies at any day/time that is convenient. The study may be done all at once or over the course of a few days. Family sessions take roughly 1 hr. to complete.

Family Session #1 - September 14 - 20

Family Session #2 - October 4 - 10

Family Session #3 - October 18 - 24

Objectives

- Gain appreciation and understanding of the Holy Scriptures
- Understand the central teachings of the Lutheran Church
- Express willingness and ability to confess the Christian faith
- Understand the church is the Body of Christ and it functions through service to one another
- Identify appropriate service both in the church and the community, and accept the responsibility to fulfill that service
- Understand Christian growth is a lifelong process - a pattern for a life of faith

- Understand Christian growth takes place through worship, fellowship, discipleship, ministry, and evangelism
- Integrate the Bible and the Christian tradition into their lives.

Curriculum

These three years (3rd-5th Grade) prepare students for Confirmation in 6th-8th Grade. The Discipleship Training curriculum covers:

- Six Chief Parts of the Christian Faith
- Training in Reading the Bible
- Training in Personal Devotion/Disciplines
- Training in Servanthood and purity

Transportation

Please contact the office or a teacher if you have difficulty getting your student to our classes. We are willing to help with transportation if needed. Carpooling is also suggested.

Sickness

If your child is ill, please keep him/her home from classes. A call to the teacher or the church office will be appreciated so we know what to tell his/her classmates. We would also like to be able to pray for your child when absent.

Weather

In the case of inclement weather, an email will be sent out by 1pm on the day of class to alert you that class is cancelled. The email will be sent to the address given on your children's registration form. If no email is sent, assume that we will have class as normal.

Discipline Policy

Should disciplinary action be required, the following steps will be taken:

1. Parents will be notified when a problem occurs. A phone call will be made, and the situation will be discussed in detail.

2. A meeting of the parents, student and teacher will be a final step in finding a solution.

Classroom Session #1: The Apostles' Creed | Part 1

- Getting to know each other
- Basics of the Trinity
- The First Article of the Apostles' Creed
 - God the Father

NOTES:

Family Session #1: The Apostles' Creed | Part 1

BEFORE YOU BEGIN

Family Sessions are a way for parents and students to grow together as a family in God's Word. Here are a few suggestions before you begin:

- Share Scripture readings between family members. Feel free to adjust the questions and discussion based on the age and ability of your child.
- Children who are not in Discipleship Training (either too young or already confirmed) are welcome to participate in the family session.
- The study can be completed in one sitting or over the course of a few days.
- You are free to join with other families to do the study together.

GETTING STARTED

Have someone offer up a prayer for God's blessing on your time together.

- How has God blessed you this week?
- What are you praying about this week?

GETTING TO KNOW THE APOSTLES' CREED

Have each person in the family share the following:

- What good things come from sharing something with another person?
- In what ways is sharing something with someone else challenging or difficult?
- What does it mean to "share" the Christian faith with someone else?

Read Romans 10:8-10. According to these verses, what is the relationship between our heart and mouth?

- What does it mean to “confess”? Are there multiple meanings for this word? (Hint: Check out a dictionary definition for this word if needed).
- How do we “confess” our faith in Jesus? In what ways is confessing our faith the same as sharing our faith?

Read 1 Timothy 6:11-12. Timothy made a “confession” in the presence of many witnesses. He confessed his faith and trust in the Good News of Jesus Christ.

- Talk about a time in which you confessed/shared your faith in Jesus.

THE APOSTLES’ CREED – ONE CREED, THREE PARTS

The first part (known as the first article) of the Apostles’ Creed is about God the Father.

- *I believe in God, the Father Almighty, Maker of heaven and earth.*
 - Read Psalm 145:15-16.
 - Discuss the blessings that God has given to you and/or your family. How does God deliver those blessings to you?
 - Why does God abundantly bless his people? (Hint: Look at pg. 108 of the Small Catechism)

WRAPPING UP

Close by confessing the Apostles’ Creed as a family.

I believe in God, the Father Almighty, Maker of heaven and earth. And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. On the third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Christian

Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Classroom Session #2: The Apostles' Creed | Part 1 & 2

- Wrap up anything related to the First Article
- Introduce the Second Article of the Apostles' Creed
 - Jesus Christ
 - The Divine Nature of Jesus
 - The Human Nature of Jesus

NOTES:

Family Session #2: The Apostles' Creed | Part 2

BEFORE YOU BEGIN

Family Sessions are a way for parents and students to grow together as a family in God's Word. Here are a few suggestions before you begin:

- Share Scripture readings between family members. Feel free to adjust the questions and discussion based on the age and ability of your child.
- Children who are not in Discipleship Training (either too young or already confirmed) are welcome to participate in the family session.
- The study can be completed in one sitting or over the course of a few days.
- You are free to join with other families to do the study together.

GETTING STARTED

Have someone offer up a prayer for God's blessing on your time together.

- How has God blessed you this week?
- What are you praying about this week?

JESUS: THE CENTER OF OUR FAITH

The second part (known as the second article) of the Apostles' Creed is about Jesus.

- Ask your parents how and why they gave you your name.

- What is your reaction (thinking, feeling) when you hear the name of Jesus?
- The name Jesus means “the Lord saves.” Why did God tell Mary to name Him Jesus? Read Matthew 1:21.

Read Acts 4:12. Jesus is the center of the Christian faith.

- What does it look like to have Jesus as the center of your life?
- If Jesus is at the center of our lives, what does that mean about everything else in our life? Where does that all fit? Talk about some specifics: sports, entertainment, friends, and money.

Read Philippians 2:5-11. Jesus is both God and man. Not one or the other. Not half and half. He is fully God and fully human.

- What makes sense about Jesus being both God and man?
- What is mysterious about Jesus being both God and man?
- Is it alright if some parts of our faith remain mysterious?

THAT I MAY BE HIS OWN...

Read John 10:14-15

- Share a time when you were lost or left out of an activity. How does knowing Jesus – and knowing that you are His – bring you peace and comfort?
- How does Jesus change your past?
- How does Jesus change your present and future?

WRAPPING UP

Close by confessing the Apostles' Creed as a family.

I believe in God, the Father Almighty, Maker of heaven and earth. And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. On the third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living

and the dead. I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Classroom Session #3: The Apostles' Creed | Part 2 & 3

- Wrap up anything related to the Second Article
- Introduce the Third Article of the Apostles' Creed
 - The Holy Spirit
 - The Person and Work of the Holy Spirit
 - The Church and God's promises to His Church

NOTES:

Family Session #3: The Apostles' Creed | Part 3

BEFORE YOU BEGIN

Family Sessions are a way for parents and students to grow together as a family in God's Word. Here are a few suggestions before you begin:

- Share Scripture readings between family members. Feel free to adjust the questions and discussion based on the age and ability of your child.
- Children who are not in Discipleship Training (either too young or already confirmed) are welcome to participate in the family session.
- The study can be completed in one sitting or over the course of a few days.
- You are free to join with other families to do the study together.

GETTING STARTED

Have someone offer up a prayer for God's blessing on your time together.

- What comes to mind when you think of the Holy Spirit?
- Can you think of any stories from the Bible that tell of the Holy Spirit?

THE HOLY SPIRIT: CONNECTING US TO JESUS

The third part (known as the third article) of the Apostles' Creed is about the Holy Spirit.

- Have you ever sculpted something out of clay? What are the steps involved in making a sculpture? What do you begin with? What do you end with?
- The Holy Spirit is like a sculptor who forms you and me into holy people.
- Read Ephesians 2:1 and 2 Corinthians 5:17.
- How do these two Bible readings resemble the transformation that happens in sculpting?
- Which one makes us sound like a lump of clay? Which one makes us sound like a beautiful creation?

Read Titus 3:5. The Holy Spirit makes us into new creations by connecting us to Jesus. We could say that the Holy Spirit allows us to be 'born again.'

- At our first birth, God gives us physical life. We celebrate this life every year on our birthday.
- At our second birth, when we are 'born again,' God gives us eternal life. We should celebrate this second birth as well.
 - The Holy Spirit works through baptism to let us be born again. Read Matthew 28:19.
 - Do you remember your baptism? If not, ask your parents to tell you about your baptism (Where was it? When was it? Who was there?)

Read Romans 15:13. Along with sculpting us and giving us new life, the Holy Spirit lives in us! According to this verse, what sort of things does God fill us with through the Holy Spirit?

WRAPPING UP

Close by confessing the Apostles' Creed as a family.
*I believe in God, the Father Almighty, Maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived
by the Holy Spirit, born of the virgin Mary, suffered under
Pontius Pilate, was crucified, died and was buried. He descended*

into hell. On the third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Classroom Session #4: The Third Article of the Apostles' Creed | Part 3

- Conclude the Third Article of the Apostles' Creed
- Wrap up the Apostles' Creed and the Fall term

NOTES: