



TRANSFORMING PRAYER

Building a Culture of Dependent Leadership

GCC Caribbean Conference 2026
C.A.R.E. • Acts 20:28

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Two things you can carry home

ONE PRAYER RHYTHM

Something sustainable

ONE CARE TOOL

Something repeatable

My church prays best when

_____•

Turn to someone you don't serve with.
45 seconds each.

**“Pay careful attention
to yourselves
and to all the flock.”**

Acts 20:28

INWARD

pay attention to yourselves

OUTWARD

pay attention to the flock

Prayer sustains both.

WORKSHOP MAP

BOWING
Cultivating
Culture

BARE
Attentive
Shepherding

BOLD
Rhythms of
Ministry

HANDOFF
Equipping the
Saints

Three postures and one handoff. Straight into C.A.R.E.



BOWING

Cultivating Culture

Before he built, he bowed.

**Before we care for the flock,
we bring our own hearts
under the care of Christ.**

Nehemiah 1:5 • John 15:5

**We say we depend on God,
but lead like everything
depends on us.**

“Apart from Me you can do nothing.” John 15:5

INTERACTION

One word for your soul today

Tired

Dry

Grateful

Anxious

Hopeful

One word. One sentence why.

TAKE-HOME TOOL

5-Minute Leader Consecration

**“Lord, search me
before I try to care
for Your people.”**

BARE

Attentive Shepherding

**No pretending.
No performing.
No hiding.**



**Prayer helps leaders notice
the people systems overlook.**

Philippians 1:9–10 • 1 Peter 5

The Six W's

- **Wounded**

who needs care?

- **Walking**

who needs encouragement?

- **Workers**

who needs strength?

- **Wandering**

who needs pursuit?

- **Waiting**

who needs hope?

- **Without Christ**

who needs salvation?

GUARDRAIL

**This is a prayer and care list.
Not a gossip list.**

Protect people while you shepherd them.

**Who is present on paper,
but your spirit says,
“Pay attention”?**

Let the name become a next act of care.



BOLD

Rhythms of Ministry

Dependence needs rhythm.

Prayerful churches don't drift into dependence.

Acts 6:4

Devoted to prayer
and the Word

Acts 2:42

Devoted to
the prayers

Colossians 4:2

Continue steadfastly
in prayer

30-DAY RHYTHM

Pick one rhythm

Not the most impressive.
The most honest.

Daily

5 minutes before work begins

Weekly

pray through 5 names

Monthly

one prayer gathering

Quarterly

review the soul of the flock

Prayer Before Planning

- **Lord, what are we assuming?**
- **Lord, who are we forgetting?**
- **Lord, what would faithfulness look like?**

THE HANDOFF

Equipping the Saints

Prayer multiplies when it leaves the pastor's hands.

**Prayer multiplies when
the pastor stops doing all of it.**

Ephesians 4: equip the saints for the work of ministry.

HERO TOOL

3-Minute Care Prayer

LISTEN

What's been heavy lately?

PRAY

Lord, You see what they're carrying.

ASK

Give grace and one next step.

**Don't just say,
"I'll pray for you."**

Pray now.

COMMITMENT

**Because of this workshop,
I will lead our church to**

_____•

Say it to a face. Then text in 30 days: “Did you start?”

**We pray from acceptance,
not for it.**

In Christ, we already have His attention.

Final Takeaway

One rhythm
to start

One person
to care for

One group
to equip

Lord, make us faithful shepherds.