

# TRANSFORMING PRAYER

## A PRAYER-CULTURE TOOLKIT

ACTS 20:28

*"Pay careful attention to yourselves and to all the flock."*

*A church's care will never rise higher  
than its leaders' dependence on God.*

### THE FOUR MOVEMENTS

**Bowing**      **Cultivating Culture**      - bring your heart under Christ's care.

**Bare**      **Attentive Shepherding**      - notice the people systems miss.

**Bold**      **Rhythms of Ministry**      - let prayer shape the calendar.

**The Handoff**      **Equipping the Saints**      - teach others to pray and care.

#### WHAT'S INSIDE

The Six W's Prayer Guide, a 30-Day Prayer Rhythm, Prayer Before Planning, the 3-Minute Care Prayer, and a Personal Commitment Plan.

# THE 5-MINUTE CONSECRATION

A PRAYER FOR LEADERS

PSALM 139:23

*"Search me, O God, and know my heart."*

PRAY THIS BEFORE YOU LEAD

*Lord, search me.*

*Show me where fear, pride, hurry, resentment,*

*or unbelief is shaping how I lead.*

*Bring my heart under the care of Christ*

*before I try to care for Your people.*

*Lead me before I try to lead others. Amen.*

*Five minutes before a meeting, rehearsal, hard conversation,  
or ministry decision. Pause. Pray. Then lead.*

# THE SIX W'S PRAYER GUIDE

PRAYING THROUGH THE FLOCK BY NAME

ACTS 20:28

*"Pay careful attention to yourselves and to all the flock."*

## PRAY THROUGH THE FLOCK BY NAME



### Wounded

Who needs care?



### Waiting

Who needs hope?



### Wandering

Who needs pursuit?



### Workers

Who inside this ministry needs strength?



### Walking

Who needs encouragement?



### Without Christ

Who are we praying will come to Christ?

### FOR EACH NAME, ASK

#### What's the need?

Text. Call. Visit. Pray with. Invite to coffee.

#### What's the next act of care?

### GUARDRAIL

This is a prayer and care list, not a gossip list. Share only what is needed, only with those responsible to shepherd.

# A RHYTHM YOU CAN KEEP

TURN DEPENDENCE INTO PRACTICE

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COLOSSIANS 4:2

*"Continue steadfastly in prayer."*

**PICK ONE. KEEP IT FOR 30 DAYS.**

## **DAILY**

Five minutes before email, messages, or meetings.

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## **WEEKLY**

Pray through five names across the Six W's.

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## **MONTHLY**

Host one prayer gathering. Six people in a living room counts.

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## **QUARTERLY**

Ask leaders, "What is God showing us about the soul of the flock?"

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Not the most impressive rhythm.  
The most honest one.

# PRAYER BEFORE PLANNING

FOR MINISTRY DECISIONS

PROVERBS 16:9

*"The heart plans the way, but the Lord directs his steps."*

## ASK BEFORE THE AGENDA

- 1 Lord, what are we assuming?**
- 2 Lord, who are we forgetting?**
- 3 Lord, what would faithfulness look like?**

*Ask these before the agenda, not after.  
Let prayer shape the plan, not just bless it.*

# THE 3-MINUTE CARE PRAYER

CARE THAT DOESN'T GET FORGOTTEN

JAMES 5:16

*"Pray for one another, that you may be healed."*

## WHEN SOMEONE SAYS, "PLEASE PRAY FOR ME"

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### LISTEN

"What's been heavy lately?" Hear the burden, not just the update.

P

### PRAY

Pray out loud, right there. "Lord, You see what they're carrying."

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### ASK

Ask for grace. Then name one next step.

Don't settle for "I'll keep you in prayer."  
That dies by Tuesday. Pray now.

# MY COMMITMENT

ONE RHYTHM · ONE PERSON · ONE GROUP

NEHEMIAH 2:18

*"Let us rise up and build."*

## LEAVE WITH ONE OF EACH

Because of this workshop, I will lead our church to:

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One rhythm to start:

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One person to care for:

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One group to equip:

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My accountability partner:

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*In 30 days, your partner texts you: "Did you start?"*