



Lesson 3 — The Spirit Who Does the Growing

Galatians 5:16–25 · Romans 8:9–14 · Philippians 2:12–13 (CSB)

Name _____

Date _____

Growth feels slow because the pace was never ours to set.

Follow Along

- Both weeks assume the same thing: we are the ones setting the _____.
- Romans 8:9 — the Spirit of God _____ in you, a household word.
- Romans 8:9 — two names, one verse: the Spirit of God, the Spirit of _____.
- Romans 8:12 — we are not _____ to the flesh. The bill comes; we don't owe it.
- Galatians 3:3 — beginning by the Spirit, are you now _____ by the flesh?
- Nearly all the verbs in Galatians 5 belong to _____: walk, live, keep in step.
- Galatians 5:22 — works is plural. _____ is singular: nine qualities, one harvest.
- Galatians 5:25 — if we live by the Spirit, let us also keep in _____ with the Spirit.
- Philippians 2:13 — it is God who is _____ in you, both to will and to work.

Three Ways Down the Lane

RUN AHEAD

FALL BEHIND

KEEP IN STEP

A new plan, a new promise, and we call the running growing.

Fifty yards back, sure he has gone on without us.

Matching a pace that somebody else has set.

Whose Work Is It?

Read each line, then write whose work it is.

THE WORDS

OURS OR HIS?

Galatians 5:16

walk by the Spirit

Galatians 5:18

led by the Spirit

Galatians 5:22

the fruit of the Spirit

Galatians 5:25

keep in step with the Spirit

The Down Payment

In him you also were sealed with the promised Holy Spirit . . . The Holy Spirit is the down payment of our inheritance, until the redemption of the possession, to the praise of his glory. Ephesians 1:13–14

Name one thing about yourself you have been waiting on for more than a year. What changes if God has already put a deposit on the outcome?

Back on the Lane

Four questions to take home. Answer the ones you would not say out loud.

1 On the lane this month, were you running ahead or falling behind? What did that look like on an ordinary day?

2 Which of the nine qualities have you been most impatient to see in yourself, and why that one?

3 Where do you lose half of Philippians 2:13 — your own work, or God's work in you?

4 What would this week look like if the pace were his to set and yours to match?

Two Things Before Sunday

- ☐ Memorize Galatians 5:25. Say it out loud each morning, then pray for one of the nine qualities by name.
- ☐ Read Romans 12:1–2 and Philippians 4:8 before we meet.