

A Simple Meal Plan for Your Group

The most basic way to organize the mealtimes for your group is to ask for volunteers to bring something salty, some to bring something sweet, and some to bring something to drink to the next group meeting.

You will need at least three volunteers, but you can use as many as are willing.

With this approach, your group may have some nice snacks, or it may become a fuller meal, depending on what the volunteers bring. The only assignment made to the volunteers is: Something Salty, Something Sweet, Something to Drink. What they bring is up to them.