



EFAD

T O O L K I T

*"We will equip families in raising
gospel-advancing leaders &
disciple-makers."*

What is Across Family Ministry?

Across is the **Family Ministry of Christ's Commission Fellowship.**

Whether you belong to a *regular, blended, adoptive, single-parent family.*

We are here to serve you.

Our MISSION is to help make Christ-committed families who will make Christ-committed families **ACROSS** generations through family discipleship.

We see millions of families transformed by Jesus as they thrive in their discipleship journey at home, and as they disciple others.

Our ministry's over-all strategy is **to raise gospel advancing leaders and disciple-makers ACROSS generations.**



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Who is this for?

This toolkit is for you.

Whether you are a **couple** with no children (yet), **parents** to biological and/or adopted children, a **first-generation Christian** in your family. Your role is crucial in advancing the simple gospel message and disciple-making across generations.

At home, we are to live out our faith, to model godliness, and to influence our family members to a lifestyle of discipleship.

At church, we are to help families grow in their discipleship journey through gospel advancing and disciple making.

As you will all discover the command to **“go and make disciples”** can be as simple as having a daily conversation with your family and friends.

Becoming a disciple of Jesus, we must be like Him. We must pray like Jesus, care like Jesus, and share the GOSPEL like Jesus.

Across Family Ministry hopes to journey with you in discipling your family.

What is EFAD?

EFAD or Every Family a Discipleship Group is one of the big rocks in our church and we believe that every family unit can have thriving discipleship journey with Jesus.

Family discipleship is the **intentional practice of leading your family to grow in their relationship with God**. It involves creating a home environment that fosters faith, teaching biblical principles, modeling Christian values, and supporting one another's spiritual journeys.

Family Discipleship *is a process by which a family member engages the family through regular study of God's word in order to apply it and grow in* **Christlikeness.**

A Family Discipleship Group is ideally led by the father of the family. We realize, however, that given today's realities, this may not always be so. For example, single parents can disciple their children. Adult children can disciple their siblings or even their parents. In any case, the **Family Discipleship Group** leader must be connected to an upline discipleship leader, being disciplined by someone else from our **traditional discipleship group system.**

Go therefore and **make**
disciples of all the nations,
baptizing them in the name of
the Father and the Son and
the Holy Spirit, teaching them
to observe all that I
commanded you; and lo, I am
with you always, even to the
end of the age.”

Matthew 28:19-20

Go therefore

**Go with your
family**

**and make disciples
of all the nations**

**Disciple your
family**

**Baptizing them in
the name of the
Father and the son
and the Holy Spirit**

**Baptize
your family**

**Teaching them to
observe all that I
commanded you**

**Teach your
family**

**and lo, I am with
you always, even to
the end of the age**

**Journey with
Jesus together
with your family**

Disciple making
begins at **home.**

Jesus' Great Commission (*Matthew 28:18-20*)

calls all believers to make disciples of all nations. Families are the first and most influential discipleship environment. Discipleship lays the foundation for the spread of the good news. The home becomes a launching pad for people to share the simple gospel message that reaches neighbors, communities, and beyond.

The family is the primary spiritual training ground where faith is caught and taught.

Parents and family leaders serve as spiritual models through the following:

- Incorporating faith into daily routines such as mealtime prayers, bedtime devotions, and worshiping together as a family.
- Addressing life's challenges with biblical wisdom.
- Serving together as a family.

Every **Family Discipleship Group** should also eventually disciple others.

What does a Family Discipleship Group look like?

It can be as simple as having a daily conversation about faith and how it can be applied in daily living, discussing last Sunday's message, reading the Bible together, and praying together as a family.

A regular and consistent weekly devotion as a family is ideal, but even those simple spontaneous "magic moments" can be a fruitful discipleship moment with your family.

It's not about perfection but our progression in our journey together as a family.

It's about learning and growing – together.

Scan this QR code for videos and materials that you can use for a vibrant discipleship journey with your family.





Family Discipleship Group is not about rules, it is **about building relationships** with each family member & **having Jesus as the real strong foundation** of these growing relationships.

How to Start a Family Discipleship Group?

We will use our **Family's Cause Circle** :



Pray

As a family we will pray for the salvation of each family member, we will also pray for each other's burdens and challenges and most importantly, we will pray for the lost to hear the simple gospel message for their salvation.

Care

As a family we will care for each other, and we will care for those who need care. We will pray for opportunities to serve together as a family and care for others.

Share

As a family we will share the simple gospel message with all family members, and as a family we will share God's message of salvation with our relatives, friends, co-workers, and practically with everyone that we will meet everywhere we go.

Here's a step-by-step simple guide to **start your Family Discipleship Group**:



Pick a Time

- Schedule a time each week for your family to meet, like after a meal or after the service during the weekends



Pick a Bible Passage

- You can pick a Bible verse that is relevant to your family.
- You can also use our 4Ws, **scan the QR code below.**



Participate in Sharing

- Encourage everyone to share something about the passage that was read
- Ask questions like, "What did you learn from the passage?" "What will you do to make it true to your life?"



Pray Together

- Have each member pray out loud and take turns, pray for one another.



Tips for Family Discipleship Leaders

- **Keep it simple** and **short** (*20–30 minutes*)
- **Let everyone share**, even the young children
- **Be patient** – faith grows slowly
- **Be creative.** Use available materials if necessary to enhance your discussions.
- Remember that **small children learn through playing.**
- Make your Family Discipleship Group time **fun.**
- **Celebrate small wins or victories.** Like leading the prayer, sharing insights from the devo and praise reports that they did at work and in school like sharing the gospel with classmates and friends.
- Don't overthink, **just do it!**

How to address common challenges?

No one wants to talk

- Start by asking simple questions and admire the person by highlighting any positive traits about your loved ones.
- Maybe, there is an unresolved relational concern, address it immediately.

No time for Family Discipleship Group

- Sit together over a meal with the whole family and have light conversations
- Spark an interesting topic that each family member can relate to
- Share something about the recent preaching message
- Start with a once a week session, even if it's just 10 minutes!

Not sure what to read

- Use the 4Ws, Realtalk or other CCF free materials. **Scan the QR code or visit <https://glc.ccf.org.ph/workbooks/>**



What is the purpose of EFAD?

We are promoting EFAD because **Family Discipleship is crucial in the laying down of the foundation of every person's faith.**

We believe that **discipleship begins at home.** Because parents have the most influence in the lives of their children.

EVERY FAMILY
A DGROUP
bit.ly/FamilyDgroup

SCAN TO JOIN



We **MODEL** the life and teachings of Jesus Christ.

We **MOBILIZE** the young generation to share the GOSPEL with everyone, everywhere.

We **MULTIPLY** disciples by equipping every member of the family how to share the simple GOSPEL message.

FAQs

Who can lead a Family Discipleship Group?

Ideally led by the father of the family. But single parents can disciple their children. Adult children can disciple their siblings or even their parents.

Can single parents or blended families do this?

Yes! Every family, regardless of family type is highly encouraged to start their own Family Discipleship Group.

What if I miss a week?

That's okay. Do your best to start again.

Is there a required number of times that we should meet as a family?

No, but we highly encourage all Family Discipleship Leaders to develop a regular time to have meaningful conversations as a family.

Will someone check /follow up with us if we had any family devotion for the week?

None, but the parent or adult leading the Family Discipleship Group is encouraged to be accountable with his or her Discipleship Group Leader.

Why do I need to be part of a Discipleship Group outside my Family Discipleship Group?

Because every parent or adult leading the Family Discipleship Group must be accountable to a Discipleship Group Leader. This is every member of church's part in our mission to "make disciples".

Where can I go for resources?

Please visit our website at ***across.ccf.org.ph*** to check our available resources. You may also subscribe to our YouTube channel: ***https://www.youtube.com/ @CCFAcrossMinistries*** to get the latest video contents. You may also follow up our social media pages to stay updated. All QR codes are at the back cover of this toolkit.

What materials do you have for our Family Discipleship Group?

We have Bible study materials and video series on our website with topics on marriage, parenting, finances, relationships, health and wellness, which caters to every life stage.

What events do you organize?

Counterflow Family Conference for the whole family, Before And After I Do (BAIDO) a one-day marriage seminar for couples and soon to be couples, 2Be1 marriage retreat, DAD UP fatherhood conference, and Family Breakthrough Experience (FBX) family retreat.

Are we required to meet with other Family Discipleship Groups?

No, but we have events that requires all families to join other families.

Do you offer counseling for families?

You may ask them to sign up at <https://go.ccf.org.ph/OnlineCounseling>, our Pastoral Care Department will reach out to you. Please make sure that the Counselee is willing to be counseled.

“

On becoming a *disciple of Jesus*, we must **be like Him**.

We must **pray** like Jesus, **care** like Jesus, & **share** the **GOSPEL** like Jesus *did*.

Visit our social media channels :



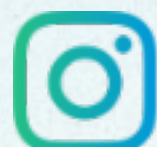
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