

TEACHABLE MOMENTS

Involving multiple senses can really instill a message and make a memory.

Try these recipes with your family this Easter.

For Lil' Kids: Resurrection Rolls

Ingredients:

1 can refrigerated crescent roll dough
8 large marshmallows

melted butter
cinnamon and sugar mixture



Give each child one triangle shaped section of crescent roll. This represents the tomb.

Each child takes one marshmallow which represents the body of Christ.

Dip the marshmallow in the butter and roll in cinnamon and sugar mixture. This represents the oils and spices the body was anointed with upon burial.

Lay the marshmallow on the dough and carefully wrap it around the marshmallow.

Make sure all seams are pinched together well. (Otherwise the marshmallow will "ooze" out of the seams)

Bake according to package directions; then cool.

Break open the tomb and the body of Christ is no longer there!

For Bigger Kids: Easter Empty Tomb Meringue Cookies

To be made the night before Easter Sunday.

You need:

1 c. whole pecans (or chocolate chips)

zipper bag

1 tsp. vinegar

wooden spoon or kitchen mallet

3 egg whites

Reynolds Wrap non-stick foil

pinch of salt

tape

1 c. sugar

Bible



"Making these together has been a tradition for our family for 24 yrs and counting."

Preheat oven to 300 F.

Place pecans or chocolate chips in a zipper bag and let children beat them with the wooden spoon or kitchen mallet to break into small pieces. Explain that after Jesus was arrested, He was beaten by the Roman Soldiers.

Read John 19:1-3 Let each child smell the vinegar. Put 1 tsp. vinegar into mixing bowl. Explain that when Jesus was thirsty on the cross He was given vinegar to drink.

Read John 19:28-30 Add egg whites to vinegar. Eggs represent life. Explain that Jesus gave His life to give us life.

Read John 10:10-11 Sprinkle a little salt into each child's hand. Let them taste it and brush the rest into the bowl. Explain that this represents the salty tears shed by Jesus' followers and the bitterness of our own sin.

Read Luke 23:27 So far the ingredients are not very appetizing. Add 1c. of sugar. Explain that the sweetest part of the story is that Jesus died because He loves us. He wants us to know and belong to Him.

Read Ps.34:8 and John 3:16 Beat with a mixer on high speed for 5 to 7 minutes or until stiff peaks are formed. Explain that the color white represents the purity in God's eyes of those whose sins have been cleansed by Jesus.

Read Isaiah 1:18 and John 3:1-3 Fold in broken nuts (or chocolate chips). Drop by teaspoons onto non-stick foil covered cookie sheet. Explain that each mound represents the rocky tomb where Jesus' body was laid.

Read Matt 27:57-60 Put the cookie sheet in the oven, close the door and turn the oven OFF. Give each child a piece of tape to seal the oven door. Explain that Jesus' tomb was sealed.

Read Matt 27:65-66 GO TO BED! Explain that they may feel sad to leave the meringue cookies in the oven overnight. Jesus' followers were in despair when the tomb was sealed.

Read John 16:20 and 22 On Easter morning open the oven and give everyone a meringue. Notice the cracked surface and take a bite. They are hollow. On the first Easter Jesus' followers were amazed to find the tomb open and empty.

Read Matt 28:1-9 He is risen. He is risen indeed!