

# Age Appropriate Mitzvot

You may elect to do things higher on the age appropriate list (with permission and guidance) but not lower than your age category.

## 5 and under

Helping clean up the sanctuary: picking up paper from the pews and floor, returning crayons to the bags, and the bags to the shelves.

Helping clean up the fellowship hall: cleaning up paper or trash

Helping to clean up the backyard: picking up trash in the grass (NOT THE PARKING LOT)

Helping someone in the community as assigned by Rabbi

## 6 through 8

Return siddurim to the shelves

Clean off tables in the fellowship hall

Sweeping up the fellowship hall after oneg

Cleaning prints off the glass doors in fellowship hall

Drawing "get well" pictures for those in hospital as assigned

Helping someone in the community as assigned by Rabbi

## 9 through 11

Sweeping up the fellowship hall.

Washing dishes after event.

Clean up on and around picnic tables in backyard

Organizing the books and puzzles in the nursery

Organizing the games in the fellowship hall

Drawing "get well" pictures for those in hospital as assigned

Helping someone in the community as assigned by Rabbi

## 12 through 14

Bringing guests or seniors their food at oneg

Helping Kristy for a day in the synagogue as assigned by Kristy

Write and mail out greeting cards in office

Help with library as assigned by Leah

Taking our trash to dumpster after oneg and events

Writing "get well" letters for those in hospital as assigned

Helping someone in the community as assigned by Rabbi

## 14 through 21

Working in the office as assigned by staff and approved by Rabbi

Helping Kristy for a day in the synagogue as assigned by Kristy

Helping our grounds maintenance crew as assigned by Rabbi

Help with library as assigned by Leah

Taking our trash to dumpster after oneg and events

Writing "get well" letters for those in hospital as assigned

Helping someone in the community as assigned by Rabbi

## Bat/Bar +

Serving in the Nursery, Oneg, or in the office for a day as arranged by office staff

Serving someone in the community: Cutting Grass/Yard Work, Housecleaning/Helps as arranged by Rabbi

Helping with slides on Shabbat as assigned by Leah

Helping with worship on Shabbat as assigned by Catherine

Helping with sanctuary Shabbat prep, as assigned by Jeannie

Helping with cleaning as assigned by Kristy