

## LIFE TOUCH COMMUNITY CHURCH

Rise & Shine · 21 Days of Prayer & Fasting · 2026

### WEEK ONE: ARISE

*Awakening · Restoration · Breaking Spiritual Stagnation*

DAY 1 · October 5, 2026

## The Sound of Awakening

**KEY SCRIPTURES:** Isaiah 60:1; Ephesians 5:14; Romans 13:11

**Isaiah 60:1 (NKJV)** — *"Arise, shine; for your light has come! And the glory of the LORD is risen upon you."*

God opens the 21-day fast not with a suggestion but with a sovereign command. The Hebrew word *qumi* — arise — is an imperative, carrying the same authority as when Jesus called Lazarus from the grave. It is God who initiates this fast. He has not grown weary of you. He has not abandoned you to your stagnation. He is issuing a divine summons from the throne of heaven — and the first act of this season is your response.

### PRAYER POINTS

1. Father, let the voice of Your Spirit cut through every layer of spiritual sleep and awaken me fully — spirit, soul, and body.
2. I respond to Your command to arise. I will not negotiate with the summons of God. I say yes to this season.
3. Reignite within me a hunger for prayer, a thirst for Your presence, and a love for Your Word that cannot be satisfied by any substitute.
4. Lord, let this first day of the fast mark the beginning of a permanent shift — not a temporary emotional response.
5. I declare: the season of spiritual slumber is over. I arise — and I will not sit back down.

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