



What Owns Your Heart?

Small Group Questions

Week of May 31, 2026

Icebreaker: If money and time were unlimited, what's one completely unnecessary thing you'd buy just for fun? What's something you worried about in the past that seems silly looking back now?

Read Matthew 6:19-34 together

1. Jesus says, "Where your treasure is, there your heart will be also" (v. 21). Why do you think Jesus connects our treasure and our heart?

What does that reveal about human nature?

2. In verses 22–23, Jesus talks about the eye being the lamp of the body. What does this mean?

How can what we focus on affect our attitudes, desires, and relationship with God?

3. Jesus points to birds and flowers as examples of God's care (v. 26–30). What do these illustrations teach us about God's character and how He relates to His children?

4. What is one area of your life where you are tempted to look for security, identity, or peace outside of God?

5. Which of Jesus' words in this passage is most challenging or encouraging to you right now? Why?

6. Jesus says, "Seek first the kingdom of God" (v. 33). What might that practically look like in your life this week?

7. What is one worry, burden, or situation that you need to trust God with right now?

8. How can this group pray for you this week? Pray together.