

**THE BENEFITS OF FOLLOWING JESUS**  
**Mark 8:35-38**

**1. Salvation**

*For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it. (35)*

**2. Satisfaction**

*For what does it profit a man to gain the whole world and forfeit his soul? (36)*

**3. Serenity**

*For what can a man give in return for his soul? (37)*

**4. Security**

*For whoever is ashamed of me and of my words in this adulterous and sinful generation, of him will the Son of Man also be ashamed when he comes in the glory of his Father with the holy angels." (38)*