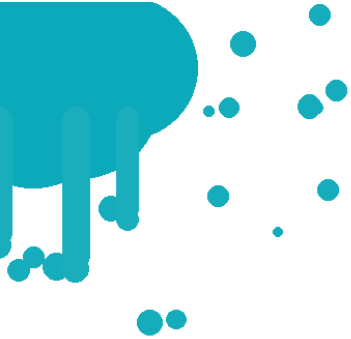
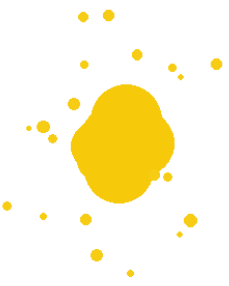




**PATHWAY
KIDS**

**PRAYER
GUIDE**

Learn to talk with God every day.



KNOW GOD

FIND FREEDOM

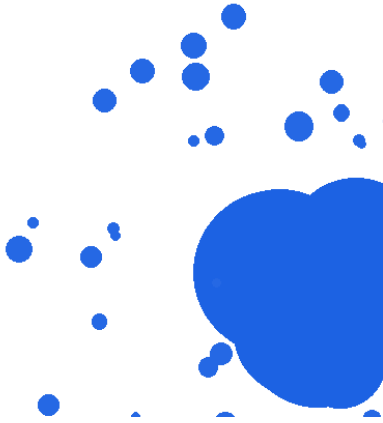
DISCOVER PURPOSE

CHANGE THE WORLD



A PATHWAY KIDS WORKBOOK

Talk. Listen. Trust. Grow.





WELCOME!

This guide will help you talk with God honestly, confidently, and often.

Prayer is not a speech contest.

Prayer is a real conversation with the God who made you, knows you, and loves you. You do not need fancy words. You do not have to sound like an adult. You can tell God what is good, what hurts, what confuses you, what you need, and what you hope for. You can also become quiet and listen.

KNOW GOD

Prayer helps you grow in relationship to God.

FIND FREEDOM

You can pray with others for help and healing.

DISCOVER PURPOSE

God shapes your heart as you listen and obey.

CHANGE THE WORLD

Your prayers can change the world around you.

There is no perfect way to begin. Just begin.

Write your name below and ask God to meet you in these pages.

MY FIRST PRAYER

God, I am ready to talk with you. Today I want to tell you...



HOW TO USE THIS GUIDE

A simple plan for kids, parents, and leaders.

FOR KIDS

- Spend about 10–15 minutes on one lesson at a time.
- Read the verse slowly. Underline one word that stands out.
- Do the activity. Drawing counts. Honest answers count.
- Use the prayer starter, then add your own words.
- Come back later and write down how God answered or helped you grow.

FOR PARENTS & LEADERS

- Create safety, not pressure. Prayer is relationship—not performance.
- Let children use short sentences, pictures, or silence.
- Ask curious questions: “What do you think?” and “What would you like to tell God?”
- Model honest, age-appropriate prayers instead of giving a mini-sermon.

A GOOD RHYTHM TO USE WHEN PRAYING

READ the verse.

THINK about the big idea.

DO the activity.

PRAY in your own words.

RETURN later and notice what changed.

Parent’s NOTE: This guide works best when children are given room to wonder, ask questions, and be honest. Use the starter below to begin a healthy routine for your and your child.

OUR PRAYER TIME	OUR PRAYER PLACE	WHO WILL JOIN ME?



WHAT IS INSIDE

Ten prayer lessons, a challenge, and space to keep praying.

1	Prayer Is a Conversation	3
2	Begin with Praise	4
3	Practice Gratitude	5
4	Tell the Truth	6
5	Ask God for Help	7
6	Pray for Others	8
7	Be Still and Listen	9
8	Pray God's Word	10
9	Trust God's Answer	11
10	Keep Praying and Live It	12
	Seven-Day Prayer Challenge	13
	My Prayers to God	14
	Ways God Answered	15
	Certificate	16

BEFORE YOU BEGIN

Circle three lessons above that you are most curious about. Then finish this sentence: By the end of this guide, I hope God helps me...

01 PRAYER IS A CONVERSATION

You can talk with God because he wants to hear from you.

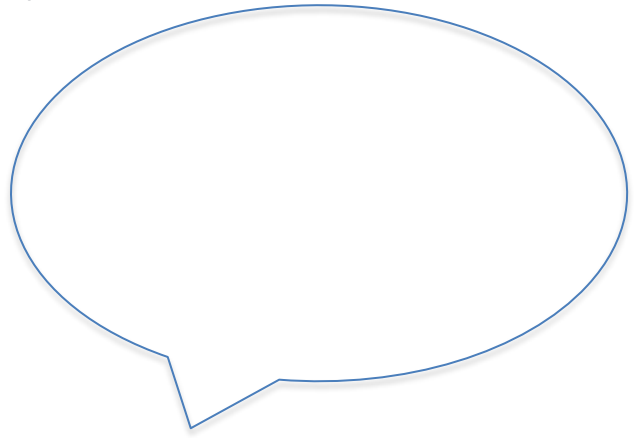
BIG IDEA: Prayer is not about impressing God. It is speaking honestly and learning to notice his truth, comfort, and direction.

READ IT
Jeremiah 33:3

"Call to me, and I will answer you, and will show you great and marvelous things, which you don't know."

TWO-WAY CONVERSATION

Look at the two large speech bubbles. In the first, write what you want to tell God today. In the second, write one truth from the Bible that God wants you to remember.



PRAY IT

God, here is what is on my mind today: _____. Help me remember that you are _____.

MEMORY VERSE • Jeremiah 33:3

02 BEGIN WITH PRAISE

Start by remembering who God is.

BIG IDEA: Praise turns your attention away from how big your problem feels and toward how great God really is.

READ IT
Psalm 145:3

"Great is the LORD, and greatly to be praised! His greatness never ends."

THE G-O-D NAME GAME

Look at the letters G-O-D on the left side of the box. Beside each letter, write words or phrases that describe God. Example: G—Good. O—Over all. D—Defender.

G

O

D

PRAY IT

God, I praise you because you are _____, _____, and

_____.

MEMORY VERSE • Psalm 145:3



03 PRACTICE GRATITUDE

Thank God for gifts both big and small.

BIG IDEA: Gratitude does not pretend everything is easy. It trains your heart to notice that God is still good and still present.

READ IT
Psalms 107:1

"Give thanks to the LORD, for he is good, for his loving kindness endures forever."

GRATITUDE SPLASH

Fill the box with eight paint-drop shapes. Inside each drop, write or draw one thing you are thankful for—people, places, abilities, food, memories, or moments.

PRAY IT

Thank you, God, for _____. I noticed your goodness when

_____.

MEMORY VERSE • Psalms 107:1



04 TELL THE TRUTH

Confession means being honest with God and turning back toward him.

BIG IDEA: God already knows what happened. Confession is not hiding, blaming, or making excuses. When we confess, we tell the truth, receive forgiveness, and choose a better direction.

READ IT
1 John 1:9

"If we confess our sins, he is faithful, ready, and able to forgive our sins, and to cleanse us from all unrighteousness."

CLEAN SLATE

Complete these three sentences: 1) God, I was wrong when... 2) Please forgive me for... 3) I want to thank you for your forgiveness by...

1. God, I was wrong when _____
2. Please, forgive me for _____
3. I want to thank you for your forgiveness by _____

PRAY IT

Jesus, thank you that your grace is bigger than my mistakes. Forgive me and help me take the next right step.

MEMORY VERSE • 1 John 1:9



05 ASK GOD FOR HELP

You can bring God every worry, need, and question.

BIG IDEA: Asking does not make you weak. It reminds you that you were never meant to carry everything alone.

READ IT
Philippians 4:6

"Don't be anxious about anything, but pray about everything. Pray with thanksgiving, and let your requests be made known to God."

TURN A WORRY INTO A PRAYER

Draw a line down the middle of the box. On the left, write "WHAT I AM WORRIED ABOUT." On the right, rewrite each worry as a request to God.

PRAY IT

God, I need your help with _____.
Give me wisdom, courage, and peace for the next step.

MEMORY VERSE • Philippians 4:6



06 PRAY FOR OTHERS

Prayer helps you carry people to God with love.

BIG IDEA: Intercession means praying for someone else. You can pray for people you love, people who are hurting, leaders, neighbors, and even people who hurt your feelings.

READ IT
1 Timothy 2:1

"I encourage you first to pray for everyone, asking God to help them and be thankful for them."

FOUR PRAYER CIRCLES

Draw four circles below. Label them FAMILY, FRIENDS, CHURCH, and WORLD. Write one name or situation in each circle, then pray for every one.

PRAY IT

God, please help _____. Give them what they need today and help me know how to love them well.

MEMORY VERSE • 1 Timothy 2:1



07 BE STILL AND LISTEN

Prayer includes quiet attention, not only talking.

BIG IDEA: Listening during prayer does not mean chasing a mysterious voice. It means becoming quiet, remembering Scripture, and paying attention to what is wise, loving, and true about God.

READ IT
Psalm 46:10

"Be still, and know that I am God. I will be lifted up among the nations. I will be lifted up in the earth."

THE TWO-MINUTE QUIET

Set a timer for two minutes. Sit still. Breathe slowly. Afterward write: What did I notice? What truth about God came to mind? What is one wise next step?

PRAY IT

God, quiet my thoughts. Help me recognize what agrees with your Word and leads me toward love, truth, and obedience.

MEMORY VERSE • Psalm 46:10



08 PRAY GOD'S WORD

The Bible gives your prayers strong and trustworthy words.

BIG IDEA: When you do not know what to pray, start with a verse. Read it, turn it into your own words, and ask God to make it true in your life.

READ IT
Psalm 119:105

"Your word is a lamp to my feet, and a light for my path."

TURN THE VERSE INTO A PRAYER

Use today's verse. Try: "God, thank you that your Word is a light. Show me the next step during _____. Help me obey what you show me."

Now, draw it. Using pencils or colors, draw a picture of a light on a path. There's no right or wrong way to draw it. Let your creativity flow!

PRAY IT

God, use your Word to guide me during _____. Show me what is true and help me live it.

MEMORY VERSE • Psalm 119:105



09 TRUST GOD'S ANSWER

God is good even when the answer is different from what you hoped.

BIG IDEA: Sometimes God answers quickly. Sometimes you wait. Sometimes the answer is 'no' or takes a different shape. Trust means keeping your hands open while believing God sees more than you do.

READ IT
Proverbs 3:5–6

***"Trust in the LORD with all your heart,
and don't lean on your own
understanding. In all your ways
acknowledge him, and he will make
your paths straight."***

OPEN HANDS

Trace your hand. In the palm, write one request you are giving to God. On the five fingers write: GOD IS GOOD, GOD IS WISE, GOD SEES, GOD CARES, and I CAN TRUST.

PRAY IT

God, I still hope for _____, but I place it in your hands.
Lead me in the way that is good.

MEMORY VERSE • Proverbs 3:5–6



10 KEEP PRAYING—AND LIVE IT

Prayer belongs in every part of your day and leads to action.

BIG IDEA: You can pray at breakfast, on the bus, before a test, during practice, or while helping someone. Prayer does not replace action; it prepares you to act with love and courage.

READ IT
Colossians 4:2

"Always keep praying, giving thanks to God as you do."

BUILD A PRAYER MAP

Draw a small path with five stops in your normal day: WAKE UP, SCHOOL, HOME, PLAY, and BEDTIME. At each stop, write one short prayer you could pray and one loving action you could take.

PRAY IT

God, remind me to talk with you all day. Show me one person I can encourage, help, forgive, or include in my life today.

MEMORY VERSE • Colossians 4:2

SEVEN-DAY PRAYER CHALLENGE

Small daily practices can build a lasting habit.

Complete one focus each day. Check the box when you finish—not to earn God’s love, but to practice staying close to him.

DAY 1	PRAISE Tell God five things that are true about who he is.	☐
DAY 2	THANKS Thank God for ten specific gifts.	☐
DAY 3	HONESTY Confess one wrong choice and ask God to forgive you.	☐
DAY 4	HELP Turn one worry into a prayer request.	☐
DAY 5	OTHERS Pray for four people by name.	☐
DAY 6	LISTEN Spend two quiet minutes with Psalm 46:10.	☐
DAY 7	ACTION Pray for someone, then encourage or serve them.	☐

MEMORY VERSE TRACKER

- ☐ **Philippians 4:6**
- ☐ **Psalm 46:10**
- ☐ **Proverbs 3:5–6**

AFTER SEVEN DAYS

What changed in the way you talked with God? What practice do you want to keep?



MY PRAYERS TO GOD

Write specific requests. Add names, dates, and details.

God cares about you. Use this page whenever you have something new to bring to him.

DATE	PRAYER REQUEST	I AM TRUSTING GOD TO...



WAYS GOD ANSWERED

Notice answers, growth, help, timing, and unexpected direction.

An answer from God may look like a changed situation, more courage, patient waiting, wise help, or a different path. Write what you noticed.

ANSWER 1 • DATE: _____

What I prayed: _____

What happened: _____

What I learned about God: _____

ANSWER 2 • DATE: _____

What I prayed: _____

What happened: _____

What I learned about God: _____

ANSWER 3 • DATE: _____

What I prayed: _____

What happened: _____

What I learned about God: _____

ANSWER 4 • DATE: _____

What I prayed: _____

What happened: _____

What I learned about God: _____



PATHWAY KIDS PRAYER CERTIFICATE

This certifies that

completed the Pathway Kids Prayer Guide and practiced talking with God through praise, gratitude, honesty, asking, listening, scripture, trust, and action.

"Always continue praying, giving thanks to God as you do."

COLOSSIANS 4:2

PARENT / LEADER

DATE

I WANT TO BE A PRAYER WARRIOR!