

# CAYA RECOVERY - JANUARY 2026

January 5th, 2026  
by Bradley Sansoucie



## Will You Accept a Christmas Miracle

December has been a notoriously hard month for alcoholics and addicts alike. During our addiction, many of us have lost so much, stolen from us, or traded for a moment of numbness and escape with hopes that our sickness would be fed for just another day. We traded precious moments with family and friends, because we suffered from a problem that is not fully understood by most people, but God understands. When we are early in recovery, we realize and learn we have been disconnected from God, who is our source of everything good, so given this truth we begin to see the why of it. The definition of the term malady is disconnection, so when we hear that the addict suffers from a spiritual malady as referenced from the A.A. Big Book, that's where we understand we have disconnected ourselves from the source! Biblically, hell can accurately be described as

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eternal separation from God, sounds kind of similar if you ask me. From my perspective addiction was an absolute living hell. I had absolutely no control over my life and my decisions, as if I was being driven by a force that was not myself. I remember the struggle and constant battle of truly wanting to stop, to change, to live again, only to day in and day out relive the same cold hard truth, I didn't know if that was truthfully possible anymore. I was defeated in a way that I had never known before. It was in that defeated state that I surrendered. I have always accepted Jesus, but I had never allowed Him to save me. I was always thinking about life on my terms, effectively rechainning myself to every bond, He was willing to break. There is a line in the Life Recovery Meeting opening comments that says: We believe that addiction and other problematic behaviors are symptoms of our human behavior- attempting to live life apart from God's plan. I love that line because for me it's as true as it gets, and I am sure I'm not the only one. So I invite you this Holiday season, to try something different. I invite you to learn the steps that can give you a working relationship with God, one that through Jesus, has the power to transform your life and perspective completely. So I ask, will you accept the Christmas Miracle???

**You are welcome at CAYA Recovery meetings. Caya Recovery meets every Monday at 6pm at the CAYA Fellowship building: 15960 US HWY 160 Forsyth, MO 65653.**



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