

UPCOMING



**SPLASH
AND STORIES**

For Kids Birth through 5th grade
July 9, 16, 23 and 30
10:00 am to 1:00 pm.
Bring your lunch for
Stories after Splashes!



We are showering Tim and Jeni Saltzman and family (just back from the field).

Use this QR code to proceed to their Amazon Wish List to help them restock their home here in Albuquerque.



- EasternHillsABQ
- EHBC Children's Ministry
- EHBC Student Ministry

3100 Morris St NE Albuquerque, NM 87111 • 505-298-8455



**JOIN US
AFTER
TODAY'S
SERVICE
for our annual
CHURCH
PICNIC**
*Hamburgers,
hot dogs and drinks.*



**Wednesday, July 15
at 6:30 pm in the
Office Conf. Rm.
Dinner Served
All Young Adults
Welcome**



- @ehbc_abq
- @ehbcstudentmin
- @ehbckids



LIFE

People helping people live out the unexpected love of Jesus every day.

During last Sunday's Pastor's Study, we began the section in the Sermon on the Mount where Jesus taught about prayer. Because of this, I began to wonder, "What motivates believers to talk to God throughout the day?" In 1 Thessalonians 5:17, Paul said, "pray constantly," but what does this look like?

Gratitude is one example of our daily conversation with God. 1 Thessalonians 5 also says, "Rejoice always" and "give thanks in everything" (verses 16,18). Every day is a gift from God; what a blessing it is to walk in the guidance of the Holy Spirit. There are daily encounters that lead us to simply say, "Thank you Lord," or to praise Him for what He has done.

Adversity can cause us to desperately cry out to God in prayer. This can be personal or intercessory prayer. People pray more often when times are tough. "Help me Lord" or "Help him, her, or them" are prayers acknowledging that only God can help. In Christ, how comforting it is to cry out to our heavenly Father who knows every need. "Therefore, let us approach the throne of grace with boldness, so that we may receive mercy and find grace to help us in time of need" (Hebrews 4:16).

Seeking wisdom, knowledge, or spiritual guidance is another motivation leading us to talk with God every day (Colossians 1:9-14). This happens when we submit to Him and give Him everything (Matt.22:37; Romans 12:1-2). This also is a prayer for trusting God with every aspect of our lives and walking in the power of the Holy Spirit.

These examples are drops in a sea of daily conversations with God. I pray that we will, "seek the things above" and set our "minds on the things above, not on earthly things" (Colossians 3:1-20), as we daily walk and talk with God. This brings us back to gratitude, as we are "joyfully giving thanks to the Father" (Colossians 1:11-12).

Blessings,
Michael

TODAY

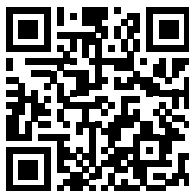


SanctuaryWiFi Password: ehbc3100
EVERYONE: Please remember to mute your cell phones during service. Thanks!



Senior Pastor Bill Connors

*Beloved #2: Girl Talk
Song of Songs 1: 5-8*



YouVersion Notes

Offering June 28, 2026

	This Week	Year-To-Date
Budget Needs:	\$22,637.00	\$588,562.00
Budget Receipts:	\$12,705.57	\$567,492.57

ENDEAVOR Campaign Received to Date: \$1,365,736.84



THIS WEEK

Sunday, July 5, 2026

8:30 to 10:15 AM • Church Library Open
9:00 AM • Bible Study for all ages
10:30 AM • Family Worship (Sanc.)/Kids Worship - Infants - 5th Grade
12:00 PM • Independence Day Picnic Celebration (Courtyard, FLC)
No Evening Activities

Monday, July 6, 2026

12:00 PM • Student's leave for Worship 4 Life Camp (Inlow)
6:30 PM • Handbell Rehearsal (Choir Rm.)
7:00 PM • Phoenix Rising Acting Group Rehearsal (MH)

Tuesday, July 7, 2026

7:30 AM • Curtis Smith's Bible Study
(Zoom Meeting ID:459 651 0196 Pass code: 1000)
9:00 PM • Staff Meeting (Conf. Rm.)
6:30 PM • Deacons' Meeting (Rm 103)

Wednesday, July 8, 2026

FBC Groesbeck to spend the week in our building
9:30 AM • Hope Ahead Women's Bible Study (Rm 101A)
5:45 PM • Prayer Meeting (MH)
6:30 PM • Women's Bible Study - Monica Seiler (Parlor)
6:30 PM • Youth Prime Time (Youth Rm)

Thursday, July 9, 2026

10:00 AM to 1:00 PM • Splash and Stories (CourtYard)
6:30 PM • Worship 4:24 Praise Band Rehearsal (Sanc.)

Friday, July 10, 2026

12:00 PM (Appx) • Students to return from W4L Camp
1:00 PM • Men's Bible Study - Church History (Conf. Rm.)
6:00 PM • Phoenix Rising Acting Group Rehearsal (MH)

Saturday, July 11, 2026

Sunday, July 12, 2026

10:00 AM • Student Ministry to leave for Bounce Mission Trip

MH = Miller Hall FLC = Family Life Center/Gym Sanc. = Sanctuary CR = Choir Rm.
CH = Clubhouse CY = Courtyard CC= Cross Courts