



Groundwork Leader Script

WELCOME AND GETTING STARTED

- **Introduce** yourself and co-leader with your re:generation introduction and **PRAY**.
- **Pass around the Sign-In Sheet** on a clipboard
- **Pass out 3X5 prayer cards** (explain)
- Groundwork is a time for you to honestly explore questions about God and recovery. Consistency in **attendance, group discussion, and completing daily curriculum** shows a readiness to move into a closed Step Group.
- **Groundwork Guidelines:** (see page 11 of the Groundwork book)
 - **Purpose of Guidelines**--provides a safe environment, builds trust, helps you learn to listen and be respectful of others.
 - **Review ABC-GAG** (give examples if time)
 - Keep it **A**bout Self - stay focused on your recovery. Share about your own thoughts and feelings. Do not comment on what someone else has shared. This allows us the freedom to discuss our feelings without fearing someone else's response, and it also teaches us to listen to one another.
 - Keep it **B**rief - Be brief in sharing to allow time for everyone to share. Limit is 3 minutes. Co-leader will time us and raise hand (show signal) when time has passed.
 - Keep in **C**lean - This time is meant for healing and to honor God. Please be mindful of your word choices and guard against details that might cause others to stumble.
 - **Guard Against Gossip**
 - Guarding against gossip creates a safe environment for sharing. Do not share what is said in the group with people outside the group. Sometimes leaders may seek counsel from re:generation leadership regarding things said in this group. If there is a biblical reason to take something beyond the group, we will only involve people who are a part of the problem or solution. If you feel something needs to go beyond the group, please talk to us afterwards.

LEAD GROUNDWORK SHARING

- **Remember:** Some may be brand new to the group which is why it is important to share the guidelines **EACH WEEK**. Repeating them weekly also helps returning participants remember the guidelines.
- **Introductions:** Introduce yourself and share why you're here and/or what you're in recovery for.
- **Sharing:** Please refer to Day 6 of the week you have been working on and share from your notes on that page. If you have not been doing so, please remember to journal on Day 7 each week.
- **No Phones:** Please keep your phones away while we are here. If you have children in Kid's Ministry we understand that they might need to contact you. Other than that, let's try to stay off our phones out of respect for everyone here.



WRAP UP

- Keep working your Groundwork lessons DAILY - not as homework, but as time with God. Come prepared to share from your Day 6 next week in group.
- Remember, consistency with **attendance, group discussion, and completing daily curriculum** is how you communicate to us that you are ready for a closed Step Group. If you have completed your Groundwork book, show it to one of us after group. We will initial your name on the Groundwork sign-in sheet to let leadership know your book has been checked as complete.
- **PRAY** - Thank you all so much for coming - Be brave, God loves you, and He can change everything!

HELPFUL REMINDERS - Step Groups

- Six consistent attendances in Groundwork are required to be eligible for a Step Group. If you miss four weeks in a row, your attendance restarts at zero.
- For a new Step Group to launch, there needs to be a minimum number of individuals who meet the requirements of consistent attendance and completed Groundwork curriculum. There also needs to be leaders available to launch a new Step Group.
- Please be patient. If you have completed Groundwork Book 1 you can purchase Groundwork Book 2 to continue working through your recovery with new lessons.

HELPFUL REMINDERS - Mentors

- It is never too early to start praying and looking for a mentor.
- You can find more information about mentors in Groundwork Book 1 on Day 4 of Week 4 or in Appendix C.
- The goal is to have a mentor secured within the first month of starting a Step Group.