

The CHOSEN

7-DAY GUIDE FOR ABIDING AND BEARING FRUIT



“By this my Father is glorified, that you bear much fruit & so prove to be my disciples.” — John 15:8

This week is not about trying harder. It is about **abiding deeper**.
Use this guide as a simple daily rhythm following the sermon **“When Leaves Lie: Living in Fruitfulness”**. Each day includes a short Scripture, reflection, and prayer focus.

DAY 1 — God Is Looking for Fruit

Scripture: Mark 11:12–14, 20–21

Reflection: The fig tree had leaves but no fruit. It looked alive from a distance, but up close it was empty. Jesus was not angry at weakness—He confronted false appearance.

Ask Yourself:

- Where might I rely on appearance more than substance?
- What “leaves” might I be tempted to hide behind?

Prayer: *Jesus, search my life honestly. I don’t want to look alive—I want to be alive.*

DAY 2 — Fruit Is the Expected Outcome

Scripture: Philippians 1:9–11

Reflection: Paul assumes believers will be “filled with the fruit of righteousness.” Fruitfulness is not for spiritual elites—it is normal Christian life.

Ask Yourself:

- Do I see fruit as optional or expected?
- What fruit has God already been forming in me?

Prayer: *Lord, align my expectations with Yours. Shape my life for Your glory.*

DAY 3 — Abiding, Not Striving

Scripture: John 15:4–5

Reflection: Jesus says fruit comes from remaining in Him, not from effort alone. Leaves grow through activity; fruit grows through connection.

Ask Yourself:

- Am I abiding—or performing?
- What practices help me remain connected to Christ?

Prayer: *Jesus, teach me to remain in You today. I depend on You.*

DAY 4 — When Pressure Reveals What’s Inside

Scripture: Galatians 5:22–23

Reflection: Fruit is revealed under pressure. When life squeezes us, what comes out shows what’s growing within.

Ask Yourself:

- Under stress, which fruit shows up most easily?
- Which fruit feels underdeveloped right now?

Prayer: *Holy Spirit, grow Your fruit in me where I am weakest.*

DAY 5 — Pruning Is Not Rejection

Scripture: John 15:2

Reflection: God prunes branches that already bear fruit—so they can bear more. What feels like loss may be loving preparation.

Ask Yourself:

- What might God be pruning in my life right now?
- How can I trust His hand instead of resisting it?

Prayer: *Father, help me trust Your pruning. Shape me for greater fruit.*

DAY 6 — Fruit That Glorifies God and Feeds Others

Scripture: John 15:8

Reflection: Fruit is not for the branch. It feeds others and glorifies God. Leaves draw attention; fruit gives life.

Ask Yourself:

- Who is nourished by the fruit of my life?
- How does my character point others to God?

Prayer: *God, let my life produce fruit that blesses others and honors You.*

DAY 7 — A Life That Bears Lasting Fruit

Scripture: Psalm 1:1–3

Reflection: A life rooted in God’s presence becomes steady, resilient, and fruitful in every season—not perfect, but alive.

Ask Yourself:

- What would ongoing fruitfulness look like in my life?
- What one habit will I carry forward to help me abide?

Prayer: *Lord, plant me deeply in You. Let my life bear fruit that lasts.*
