

ABCD's of Deliverance
Class 6
Fully Equipped

In this final class we will discuss the Armor, and sword that God has provided for us to deal with and resist the enemy. The bible declares that when we resist him, he will flee and run in terror.

Ephesians 6:10-18 NKJV- *“Finally, my brethren, be strong in the Lord and in the power of His might. **Put on the whole armor of God**, that you may be able to **stand against the wiles of the devil**. For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places. Therefore **take up the whole armor of God**, that you may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having girded your **waist with truth**, having put on the **breastplate of righteousness**, and having shod your **feet with the preparation of the gospel of peace**; above all, taking the **shield of faith** with which you will be able to quench all the fiery darts of the wicked one. And take the **helmet of salvation**, and the **sword of the Spirit**, which is the word of God; praying always with all prayer and supplication in the Spirit, **being watchful to this end with all perseverance and supplication for all the saints—**”*

We will be breaking down the armor of God so we can endeavor to put it on. A believer not fully equipped with the armor is not fully equipped to handle the enemy.

Psalms 144:1 NKJV- *A Psalm of David. Blessed be the Lord my Rock, Who trains my hands for war, And my fingers for battle—*

Waist of Truth

Ephesians 6:14 NKJV *“Stand therefore, having **girded your waist with truth**, having put on the breastplate of righteousness,”*

The waist of truth could be compared to the soldier's belt. It holds all pieces of the armor together. It allows the soldier to comfortably and seamlessly step into his armor. Without truth we could not stand against the enemy.

John 14:6 NKJV- *Jesus said to him, “I am the way, the truth, and the life. No one comes to the Father except through Me.*

This is vital as a believer because, the enemy works through deception, so one of our greatest defenses is truth.

You don't defeat a lie by trying harder not to believe it. You replace it with truth. You have to answer it.

Breastplate of Righteousness

Ephesians 6:14 NKJV *“Stand therefore, having girded your waist with truth, having put on the **breastplate of righteousness**,”*

The breastplate is the largest piece of armor that covers the chest, and torso. Knowing who we are in Christ and living a life without compromise provides immense protection.

Do you remember what we talked about in “methods of operation”?

Revelation 12:11 NKJV *“And they overcame him by **the blood of the Lamb** and by **the word of their testimony**, and they did not love their lives to the death.”*

The blood declares we are righteous. That the accusations of the enemy have no grounds with the judge because the blood has paid for every mistake, fumble, or sin.

One of the ways we guard our heart is by remembering that our righteousness is in Christ. When the enemy brings accusation and condemnation, we don't allow those things into our heart and begin identifying with them. We go back to what Jesus has done and who He says we are.

Feet with the gospel of peace

Ephesians 6:15 NKJV *“and having shod your **feet with the preparation of the gospel of peace**,”*

Because the people of the time would have associated this armor with a Roman soldier, let's look at the feet the same way they would have. The Roman soldier was equipped with sandals that would have enabled him to walk great distances across all kinds of terrain. Shoes were a huge advantage and important for any soldier because you could go farther than others and overtake the enemy. These shoes are also described as being of the gospel of peace. When we are walking in the Gospel of peace throughout the world we are bringing peace to people bound by the enemy, with this peace chaos is brought back into order. When the enemy attacks we do not run as in fear, but we stand in the gospel of peace. Walk in the peace of God and the enemy will never put you to flight.

Isaiah 52:7 NKJV- *How beautiful upon the mountains. Are the feet of him who brings good news, Who proclaims peace, Who brings glad tidings of good things, Who proclaims salvation, Who says to Zion, “Your God reigns!”*

Romans 5:1 CSB- *Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ.*

Peace doesn't mean there isn't a battle. Peace means the battle doesn't determine your footing. You can stand because you know you have peace with God through Jesus Christ. That is something we are to share with others.

The Shield of Faith

Ephesians 6:16 NKJV *“above all, taking the **shield of faith** with which you will be able to quench all the fiery darts of the wicked one.”*

Notice that phrase “above all”. The shield is a defensive tool. It is the first defense against enemy attacks. The verse continues to say that we may be able to quench all the fiery darts.

Faith takes the fire those darts are burning with, quenches it, and stops it in its tracks. When we stand in faith, we are putting up our greatest defense. This faith is a vital tool, and piece of equipment. Do you remember what Mark wrote in chapter 16 of his gospel. These signs will follow those who believe. They shall cast out demons. Faith gives us authority to stop and deal with the enemy.

Hebrews 10:23 KJV- *Let us hold fast the profession of our faith without wavering; (for he is faithful that promised;)*

Helmet of Salvation

Ephesians 6:17 NKJV *“And take the **helmet of salvation**, and the sword of the Spirit, which is the word of God;”*

We need to know what we believe about the saving, delivering, and preserving power that is ours in salvation through the cross of Christ. We must be covered with these truths because the enemy would like to whack away at your faith until he takes away from you your belief in healing, soundness, and prosperity — leaving you with nothing but Heaven if you’ll allow him to do it. Salvation is the word Sozo which carries with it more than just a ticket to heaven. How many believers are living this life without full sozo protection. We are not just waiting to leave this earth to experience our salvation. We can experience it now. It protects the head which helps us to operate, think clearly, and stay focused.

2 Corinthians 10:4–5 NKJV- *For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, 5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.*

When you have your helmet on you should be focused on Christ. Where things go wrong, is when we take our minds off Him and on to the cares of the world.

Isaiah 26:3 NKJV- *You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You.*

Sword of The Spirit

Ephesians 6:17 NKJV *“And take the helmet of salvation, and the **sword of the Spirit**, which is the word of God;”*

The “sword” used in this verse is the Greek word machaira. The word “word” used here is the Greek word rhema. A rhema word describes something that is fresh and suddenly quickened by inspiration and is specific. We see an example of this in Jesus’ temptation in the wilderness. Jesus was the Word of God. But when the enemy came, the Holy Spirit quickened certain verses to Him. And those verses had “sword power” coming through the mouth of Jesus that put the enemy to flight. Similarly, when the Holy Spirit quickens a verse of the Bible for you to wield like a sword, your words will put the enemy to flight and sever his access to you by the “sword power” of those words.

Prayer

Ephesians 6:18 NKJV *“praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints—”*

In verse 18, we see “Praying always, with all prayer and supplication in the Spirit....” The believer not only has access to the sword of the spirit but the long-range weapon of prayer. If you hit your enemy from a distance, you would rarely need a sword for face-to-face combat. That’s what prayer is — it’s dealing with the devil at a distance. If we’re effective in prayer, we can deal with the devil before he ever gets into our territory.

We put on the Armor of God by praying in the Spirit.

THE ARMOR OF GOD

EPHESIANS 6:10-18

BELT OF TRUTH



Holds everything together. We stand on God's truth, not the enemy's lies. The truth allows us to recognize and replace deception.

Ephesians 6:14

BREASTPLATE OF RIGHTEOUSNESS



Guards our heart. We are made right with God through Jesus. We guard our heart and refuse condemnation, guilt, offense, bitterness, and unforgiveness.

Ephesians 6:14

SHOES OF THE GOSPEL OF PEACE



Gives us stability and readiness to go and share the good news. Because we have peace with God through Jesus, we can remain firm and firmly planted even in battle.

Ephesians 6:15

SHIELD OF FAITH



Extinguishes the enemy's fiery darts. We trust God and His promises, and we hold fast to what He has said even when the enemy sends thoughts, fear, accusations, lies, or doubt.

Ephesians 6:16

HELMET OF SALVATION



Protects our mind. We think on what is true, set our hope on salvation, and take every thought captive. We don't become more demon-conscious than Christ-conscious.

Ephesians 6:17

SWORD OF THE SPIRIT



The Word of God. We use Scripture to fight the enemy and stand in victory. Like Jesus in the wilderness, we answer the enemy with the Word.

Ephesians 6:17

PRAYING ALWAYS



Stay in constant communication with God. Pray in the Spirit, be watchful, and remain sensitive to the Holy Spirit. The equipped believer is a praying believer.

Ephesians 6:18