

Welcome to H2H Kids

A few introductory tips about Bible Study with Kids:

- *Remember how important it is to build relationships with the kids you are serving!*
- Bible Reading:
 - Please do not *make* kids read aloud if they don't want to
 - If you do have children read the Bible passages aloud, make sure everyone can hear and/or follow along. The Word should be clearly spoken.
 - A helpful tip: An adult can read but have kids following along in their own Bibles (if age appropriate) and you can stop on occasion and have kids say the word you paused at. This helps them stay engaged...and also allows the Word to be read with clarity and volume.
- Try to bring some type of visual to help illustrate the lesson. It goes a long way to capture kids' attention. It can be simple, while still giving them something to focus on and bringing abstract concepts to a concrete level.
- Try to get to these three levels: Observation, Interpretation, Application (as is age appropriate).
 - Observation: facts, clear understanding of what the passage is about
 - Interpretation: What does it mean? There is only one interpretation. What is the author and God saying? If it's abstract or maybe figurative, try to help kids discern the most simple and clear interpretation. If you are not certain, don't be afraid to say that!
 - Application: There will be many ways to apply scripture! Help the kids make it personal! What can we learn from this for our lives today?! How does this impact my life, my relationship with God, my understanding and knowledge of God?
- Less is More: *Please never feel like you must cover everything in the lesson.* Doing a good job on one concept is better than racing to "cover" everything. Feel free to simplify the lesson depending on the ages of the children in your group.
- During prayer time, do not make children pray aloud if they do not want to.
- *Remember how important it is to build relationships with the kids you are serving!*

Lesson 4 ~ Genesis 4:1-16

PREP Ahead:

- Print Coloring Page & Activity Page (1 copy per student)
- Object lesson: one or two puzzles
- Game: item such as a shoe or ruler that can be called “the bacon”

ICEBREAKER (5 min): Simon Says

Lead the children in a game of Simon Says. Give the children commands to perform such as “Jump up and down” and “touch your nose”- preceded by the command, “Simon Says.” To stay in the game, they must perform the task. If you do not say “Simon Says” they must not do the task, and if they do, they are out of the game.

After playing, explain that following commands is very important to God. When He tells us what to do, we must obey what He says. God’s commands are good, and always given to us for a good, purposeful reason. Sometimes we may not know what those reasons are, but we can trust that He has our best interest at heart. God desires that we obey Him.

BIBLE DISCUSSION (10-15 min): Genesis 4:1-16

- Introduction: Today we will read about two brothers: one who followed God’s commands and one who didn’t. God has a perfect plan for every one of us. When we obey Him, He will bless our lives. When we disobey, we bring many problems upon ourselves.
- **Read Genesis 4:1-5**
 - Who were Adam and Eve’s sons? (Cain and Abel)
 - What were their jobs? (Abel had livestock, and Cain farmed the soil)
 - What offering did Cain bring to the Lord? (fruits of the soil)
 - What offering did Abel bring? (Fat portions from the firstborn of his flocks)
 - Whose offering did the Lord favor? (Abel’s)
 - How did this make Cain feel? (He was angry; downcast)
 - Why do you think God was displeased with Cain’s offering?
 - Explain: It was a matter of the heart- Cain was choosing to present an offering to God in his own way, not the way God intended. But God had established that there would be the death of an innocent to atone for the sins of man. Do you remember when Adam and Eve sinned in the garden? Remember how that the Lord provided clothes for them from animal skins? That was the first indication that there would have to be the death of an innocent one for the sins of man. God began the sacrificial system with a picture that would last throughout the Old Testament--only the innocent

could die for the sins of another. It would be a picture of Jesus and His sacrifice on the cross.

Object Lesson: Puzzle Activity

Have the children complete a small puzzle. (If a lot of kids, turn it into a game and have two puzzles to race to see who can finish the puzzle first) But first, remove a piece from each of the puzzles. When they are finished explain the missing piece:

A puzzle with a missing piece is frustrating and imperfect. No matter how much time you spend trying to make it right, it will never be right. Cain's sacrifice was like that... He spent time and effort presenting it to the Lord but it was missing pieces - it was not done the way God intended it should be. God desires obedience.

- **Read Genesis 4:6-7**
 - If Cain does what is right, what will God do? (God will accept Cain's offering)
 - God warned Cain, giving him a chance to do the right thing, telling Cain His expectations and letting him know the consequences of disobedience.
- **Read Genesis 4:8-16**
 - Cain's disobedience had tragic consequences. God gave Cain the opportunity to confess his sin, and instead Cain defiantly asked the Lord if he was his brother's keeper. Cain was separated from God.

Application Questions:

- Did Cain seem like a happy person? (no) Discuss how sin leads to unhappiness and no peace.
- Discuss ways that God's corrections are helpful to you.
- Jesus paid the price for our sin... dying on the cross as the perfect sacrifice to cover our sins once and for all. We all have sinned (Romans 3:23), but when we know Jesus, He forgives our sins and cleanses us from all unrighteousness. As Christians, it is important to obey God and follow His teachings. How can you learn obedience to God? (Read His Word, pray, grow your relationship with Jesus, etc.)

PRAYER (5 min): Share prayer requests and pray for one another. Give children the opportunity to accept Christ as their Savior.

GAME (5-10 min): Steal the Bacon

Materials needed: an item, such as a shoe, that is considered “the bacon”

How to play: Divide the groups into teams (if a small group, such as 2 or 3, just play individually).

Verbally, assign each player a number (there should be a “1” , “2”, etc. on each team) Place the “bacon” in the middle of the yard and place the teams on opposite sides from each other. When a number is called, players from each team run for the item in the middle, trying to get it back to their side. Whoever succeeds gets a point. First to 5 points wins.

Source consulted: Calvary Chapel Costa Mesa Children’s Curriculum



Cain and Abel Word Search

Find the words on the list that are hidden in the puzzle. The words can be left to right, up and down, or diagonally.

L I S I T N W A N D E R E R D
U N T A L I Q U A T U E R V T
L B R O F F E R I N G D I T E
N R L L A M C O N S E Q U I S
N O N S E Q U I S A I L L A N
D T K I L L E D E R D R I U R
L H O R E M O L O R S A T E R
S E M I A B E L R E T A M V E
I R N I A T B H E N I S M O D
T S O N S E D E U G R O U N D E
R A I Q U A T N O N S E C T E
T I E D O C A I N D E L I Q U
Z R G T E U F S H E P H E R D
L A O H E M O L O R S I T E R
S U M I T A C C E P T E D V E

ABEL
ACCEPTED
ADAM

BROTHERS
CAIN
EVE

GROUND
KILLED
OFFERING

RIGHT
SHEPHERD
WANDERER