

5-DAY BIBLE READING PLAN AND DEVOTIONAL GUIDE

HOPE — IN THE — CHAOS

FINDING PEACE IN THE STORM

NEW LIFE

DAY 1

The Gift of Peace

READING John 14:27

DEVOTIONAL

Jesus does not offer peace the way the world does. The world defines peace as the absence of trouble, the settling of storms, the silencing of noise. But Jesus offers something entirely different -- a peace that exists within the storm, not after it. This peace is described as a gift, which means it must be received. Just as salvation cannot be earned but must be accepted, peace works the same way. Today, ask yourself whether you are truly receiving what Jesus has already given you, or simply reading about it. Accept the gift. Let it take root.

REFLECTION

What burdens are you carrying today that Jesus is inviting you to surrender in exchange for his peace?

PRACTICAL APPLICATION

Write down one area of your life where you have been seeking the world's version of peace -- circumstances changing before you feel settled. Pray specifically over that area and ask God to help you receive his peace right now, before anything changes.

MY REFLECTIONS & PRAYER

DAY 2

Who Is in Your Boat

READING Mark 4:35-41

DEVOTIONAL

The disciples were not strangers to the sea. Some were experienced fishermen who had faced rough waters before. Yet this particular storm drove them to panic. They forgot one critical detail -- Jesus was in the boat with them. He had told them to cross to the other side, and he was present the entire time, resting in perfect peace. When chaos floods our lives, we often focus so intently on the waves that we forget who is with us. The presence of Jesus does not guarantee smooth sailing, but it does guarantee that you will not drown.

REFLECTION

In your current season of chaos, are you focused on the storm or on the one who has authority over it?

PRACTICAL APPLICATION

Take a few moments today to sit quietly and acknowledge the presence of Jesus in your situation. Speak it aloud if needed. Remind yourself that he has not left the boat, and that the same voice that calmed the sea is with you now.

MY REFLECTIONS & PRAYER

DAY 3

God's Silence Is Not God's Absence

READING Psalm 55:22; 1 Peter 5:7

DEVOTIONAL

One of the most dangerous patterns in the life of a believer is allowing silence from God to become evidence against God. When we do not hear him, we begin to question whether he cares. The disciples made this very mistake, waking Jesus with an accusation rather than a request -- "Don't you care that we're going to drown?" That question was not just born from fear. It was a judgment of his character. Scripture is clear that God cares deeply and personally for each of us. He knows the number of hairs on your head. His silence is not abandonment. It is often invitation -- to trust what you already know to be true.

REFLECTION

Have you ever judged God's character based on unanswered prayer or an unexplained season of difficulty?

PRACTICAL APPLICATION

Read Psalm 55:22 and 1 Peter 5:7 slowly and deliberately. After reading, write a brief prayer that releases one worry you have been holding onto, choosing to believe that God cares for you even if you cannot yet see how he is working.

MY REFLECTIONS & PRAYER

DAY 4

The Discipline of Surrender

READING Isaiah 26:3; Proverbs 3:5-6

DEVOTIONAL

Surrender is not a word our culture celebrates. We are conditioned to take control, find answers, and manage outcomes. But the peace that Isaiah describes -- a perfect peace -- belongs specifically to those whose minds are fixed on God, not on their circumstances. Trusting God means releasing the need to understand everything. It means acknowledging that you cannot control other people, cannot guarantee outcomes, and cannot manufacture security on your own. True surrender says, "I do not know how this will work out, but I know who holds it." That posture is not weakness. It is the beginning of perfect peace.

REFLECTION

What specific outcome in your life are you struggling to release to God right now?

PRACTICAL APPLICATION

Identify one situation you have been trying to control. Write it down, then physically open your hands as an act of surrender and pray over it, asking God to take what you cannot manage and to replace your anxiety with his promised peace.

MY REFLECTIONS & PRAYER

DAY 5

Eyes on Jesus, Not the Waves

READING Matthew 14:28-31; Romans 8:28

DEVOTIONAL

Peter is often remembered for sinking, but he should also be remembered for being the only disciple who stepped out of the boat. He walked on water -- until he shifted his gaze from Jesus to the waves. The storm did not sink him. His focus did. The same is true for us. Whatever chaos surrounds you today, your peace is directly connected to where your attention is fixed. Romans 8:28 reminds us that God is actively working all things together for good for those who love him. That promise does not require you to understand the process. It only requires you to keep your eyes on the one who is faithful to complete it.

REFLECTION

What waves in your life are pulling your attention away from Jesus, and what would it look like to refocus today?

PRACTICAL APPLICATION

Throughout today, each time a fearful or anxious thought arises, deliberately redirect it by speaking Romans 8:28 aloud. Let that truth interrupt the pattern of worry and anchor your mind in what God has already promised.

MY REFLECTIONS & PRAYER
