



The GOOD SHEPHERD

A STUDY OF PSALM 23

2026 PARENT PACK

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WELCOME TO FUGE CAMPS

Parents,

Thank you for choosing FUGE Camps and allowing us to partner with you in discipling your child. We are so excited your child will experience a life changing week of camp this summer!

The information in this packet contains camp details you will want to know about and pass along to your child. Please let us know if you have any questions. You can contact us at 877.CAMP.123, at fuge@lifeway.com, or fugecamps.com.

FUGE Camps Team

WHAT WILL YOUR CHILD BE DOING THIS WEEK?

If your child is attending **CENTRIFUGE**, this includes:

- Graded Bible studies with students from other churches
- Recreation
- Afternoon track times
- Worship
- Church group time
- Camp-wide fellowships

If your child is attending **MFUGE**, this includes:

- Bible studies with students from other churches
- Hands-on mission work in the local community
- Worship
- Church group time
- Camp-wide fellowships

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SAMPLE CAMP SCHEDULE

CF = Centrifuge, MF = MFuge

Note: This is a sample 5-day camp schedule. Unless noted, schedule elements apply to everyone.

Monday 7/13

1:00 - 4:00 PM	Registration
5:00 PM	Dinner
7:00 PM	Opening Celebration/Worship
8:15 PM	Students: Bible Study Adults: Adult Gathering
9:30 PM	Church Group Rally
9:45 PM	Church Group Time
11:00 PM	In Rooms

Meet at PRBC at 1. Eat lunch before you come.

Full Days

7:00 AM	Breakfast
8:30 AM	Morning Celebration
9:00 AM	Students: Quiet Time-Bible Study(MF)/Recreation(CF) Adults: Adult Gathering (MF)
10:30 AM	Students: Quiet Time-Bible Study(CF)/Site Planning(MF) Adults: Adult Gathering (CF)
11:00 AM	Lunch (MF)
11:45 AM	Site Send-Off (MF)
12:00 PM	Lunch (CF)
1:15 PM	Track Rally (CF)
1:30 PM	Track A (CF)
2:45 PM	Track Rally (CF)
3:00 PM	Track B (CF)
4:00 PM	Return from Sites / Hang Time
5:00 PM	Dinner
7:00 PM	Worship
8:30 PM	Church Group Time

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9:45 PM	Night Life
10:30 PM	Hang Time
11:00 PM	In Rooms

Closing Day

7:00 AM	Breakfast
8:30 AM	Students: Bible Study Adults: Adult Gathering
9:45 AM	Closing Celebration
10:45 AM	Churches Depart

Note: Subject to change by camp location.

LOCATION INFORMATION

For location specific information, go to fugecamps.com. From the home page, click on FIND A CAMP. Then, use the filters and click on either Centrifuge or MFuge and the location. Next, click on CAMP DETAILS.



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DRESS CODE

While at camp, we ask students and adults:

- Wear modest shorts (when hands are extended to the back or the front, finger tips must touch fabric). Sleeveless shirts and tank tops are allowed during day-time activities. Shirts with spaghetti straps, open backs, or excessive armpit cutouts which expose torso and undergarments, or that show midriff are NOT allowed. Large t-shirts that cover shorts should not be worn. No crop tops or anything that shows your belly. Nothing low cut that exposes your chest.
- Wear closed-toe and closed-heel shoes while at recreation and track times (Centrifuge) and on ministry sites (MFuge) and during Mega Relay.
- Wear modest, one-piece bathing suits or two-piece suits covered with a dark colored t-shirt, if participating in water activities.
- Wear modest shorts, pants, jeans, or dresses for worship. Dresses with spaghetti or small straps, open backs, and excessively short lengths are unacceptable (when hands are extended to the back or the front, finger tips must touch fabric). Modest sleeveless tops are allowed in worship.
- Do not dress in a way that calls attention to underwear (sagging your pants, rolling down your waistbands, etc.) or wear pants or shorts with lettering on the bottom.

MFuge Participants:

- Those doing Painting, Construction, and Yardwork (PCY) may be asked to wear long pants while working at certain ministry sites.

Make sure your students do NOT pack anything that:

- Advertises alcohol, tobacco, or illegal drugs.
- Explicitly or implicitly promotes racism, sexism, or hatred of any group or person.
- Explicitly or implicitly refers to sexual actions or situations.
- Has spaghetti/small straps/open back or excessive armpit cutouts, except for sleepwear.
- Is excessively short or tight fitting. Nothing that exposes the belly or chest

NOTE: Adult leaders have the responsibility of modeling and monitoring their group to ensure students are dressing appropriately.

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WHAT TO PACK

- ☐ Summer clothing (see Dress Code in the Camp Policies tab)
- ☐ Closed-toe, closed-heel shoes (for outdoor activities)
- ☐ Linens - twin sheets, favorite pillow, blanket
- ☐ Towels-bath towel, beach towel, hand towel, wash cloth
- ☐ Water bottle you can refill and carry with you
- ☐ Bible
- ☐ Pen/pencil
- ☐ Notepad
- ☐ Alarm clock/watch
- ☐ Toiletries such as shower gel, shampoo, toothbrush, toothpaste, deodorant, hand soap
- ☐ Spending money for snacks, camp store, missions offering
- ☐ Sun protection

OPTIONAL ITEMS

- ☐ Camo themed attire for Mega Relay
- ☐ Hat
- ☐ Rain jacket/umbrella
- ☐ Fan for your room
- ☐ Plastic bag for wet clothes
- ☐ Bag for dirty clothes
- ☐ Shower shoes

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WHAT NOT TO PACK

- Alcohol, tobacco, vaping items, hookah, illegal drugs, fireworks, water guns, or any kind of weapon.
- Computers, iPads, iPods, gaming devices, roller blades or skateboards.
- Items that may be used for pranks such as water balloons, shaving cream, silly string, etc. Pranks are not allowed at camp. Your church will be charged for any damages or issues related to clean up.
- Anything that advertises alcohol, tobacco, illegal drugs; promotes racism, sexism, or hatred of any group or person; promotes sexual actions or situations; or is not neat, clean, and modest

NO EAR BUDS! Parents, please make sure your student does NOT have earbuds with them. I do not know what they're listening to or watching. Thank you! Pastor Keith.

CAMP RULES

At FUGE Camps, we seek to provide the safest environment possible for camp. In order to make that happen, we require strict adherence to all camp rules and policies. Our camp rules are outlined below.

INAPPROPRIATE BEHAVIOR

Please note that we take inappropriate behavior seriously. Such activity includes but is not limited to hazing, bullying, aggressive behaviors, and actions deemed sexual harassment or sexual in nature. Some activities that were once thought to be practical jokes may now be considered abuse. Some examples include swirlies, pantsing someone, dog piling, and noogies, just to name a few. Adults and campers should refrain from using any part of their body or an object toward another camper as a prank, sexual advance, or bullying tactic. These actions can lead to hurt and trauma for the victim, as well as legal action. Often these situations happen during free time in the afternoon and after curfew while in the housing areas. Students must be supervised by adults during free time and when in housing areas. If an adult hears commotion coming from a room in the housing area, they need to investigate. Some things start out innocently but can turn to inappropriate activity quickly. Please do all you can to avoid such activities.

CELL PHONES

- The decision of cell phone usage at camp is in the hands of the Group Leader of each church.
- Throughout the week, some elements may allow students and adults to join in via social media (i.e. TikTok, Instagram, Facebook, etc.) However, these opportunities are optional and will not limit the camp experience for those who do not participate.
- Unless instructed by staff, students with cell phones are not allowed to have them out or in use during programming elements: Morning Celebration, Bible Study, Worship, Night Life, Recreation and Track Times/Ministry Tracks. Ringers should be turned to silent or vibrate.

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ACTIVITIES

- Participate in all activities and be on time.
- Drink plenty of water and eat three meals a day.
- Wear closed-toe and closed-heel shoes to recreation and ministry sites.
- Wear your nametag at all times.
- Name calling, fighting, bullying, arguing, profanity or any other aggressive behaviors are strictly prohibited at camp. Play safely and use good sportsmanship.
- Always have a buddy. Don't go it alone.

HOUSING

- Be in your room by 11:00 PM with lights out no later than 11:30 PM.
- No guys in girls' rooms or hallways and no girls in guys' rooms or hallways.
- No public displays of affection.
- No practical jokes, hazing, bullying, aggressive behaviors, and actions deemed sexual harassment or sexual in nature in housing areas.
- Housing areas should be kept clean, in order, and free from damage. Churches will be responsible for any damage to the room.
- Valuables such as money, jewelry and phones should be properly safeguarded.
- All campers are expected to respect the rights and property of others. Loud noise and similar intrusive behaviors are prohibited.
- Athletic activities such as running, playing and throwing are prohibited in housing areas. These and similar activities are to be done outside.

WORSHIP

- No gum, food, or drinks allowed in the worship center.
- No video and flash photography are allowed in the worship center before or during the worship service.
- If campers must leave to go to the restroom, they should have an adult sponsor escort them. Make sure students go to the restroom before they go to worship.

GENERAL

- The possession or use of any tobacco or vape products, alcoholic beverages, illegal substances or related paraphernalia is prohibited.
- The possession of a weapon (including a knife and a gun, even with a concealed permit) is prohibited, as is making a threat involving a weapon.
- Exhibiting any dangerous behavior that could endanger the health and safety to self or others is not allowed.
- Use of language that is hate oriented, threatening or race related is not tolerated.
- Theft or willful destruction of property of camp or another person is prohibited.
- Acts of disrespect to staff, adults at camp, or campers in action or language is not allowed.



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CAMPER DISMISSAL POLICY

FUGE Camps seeks to provide the safest environment possible for camp. In order to make that happen, we require strict adherence to all camp rules and policies. We reserve the right to dismiss a camper from camp whose conduct is severely disruptive or creates physical harm to self or others. This includes but is not limited to:

1. Possession or use of any tobacco or vape products, alcoholic beverages, illegal substances or related paraphernalia
2. Possession of a weapon (including a knife); making a threat involving a weapon
3. Exhibiting any dangerous behavior that could endanger the health and safety to self or others
4. Excessive bullying; acts of aggression, violence or harassment; hazing activities; inappropriate physical contact
5. Use of language that is hate oriented, threatening or race related
6. Theft or willful destruction of property of camp or another person
7. A male camper found in a designated female living/sleeping area or a female camper found in a designated male living/sleeping area
8. Engaging in inappropriate sexual relations with another student at camp
9. Repeated or continued acts of disrespect to staff or other campers in action or language

The decision to dismiss a student from camp will be made by the camp director after consulting with camp leadership and the camper's group leader. A phone call will be made to the parent/guardian to arrange for immediate pick up at the parent/guardian's expense. The dismissed camper may or may not be allowed to return to camp the following year depending on the situation.

No refunds will be issued to the dismissed camper, and the dismissal must be documented in writing by the camp director. This documentation is to include the date, time and place of incident, names of all parties involved and camp staff present, church name, group leader name, and a full and detailed description of the incident. All conversations with students and parents regarding incidents will be kept confidential unless there is legal reason to discuss the issue.

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THEME/BIBLE STUDY OVERVIEW

Opening Night: The Good Shepherd

God chose David as King of Israel

Sheep are creatures that lack a sense of direction, leaving them defenseless and vulnerable without a shepherd. Unable to care for themselves, they can be quite stubborn. Sound familiar? Just as a shepherd protects and guides his sheep, rescuing them when they stray and meeting their needs, we have a Good Shepherd who does the same for us. He provides not only for our physical needs but also offers peace, restoration, presence, and an abundant life now and for eternity. We will dive into Psalm 23 and the life of David, a shepherd who later became King of Israel and the author of this Psalm.

Scripture: Psalm 23:1, 1 Samuel 16:11-13

Theme Verse/Key Verse: The Lord is my shepherd, I have what I need. Psalm 23:1

Life Question: What does it mean for God to be your shepherd?

Day 1: The Good Peace

God was with David in his battle against Goliath

Shepherds bring peace to their flocks through consistent care, protecting them from predators, and guiding them to safe pastures. A shepherd's calming presence, voice, and touch can also alleviate fear and anxiety among the sheep. In a world of hurry, pressure, and performance, the Good Shepherd offers us peace and rest. When David faced Goliath, he had peace knowing that God had delivered him before and He would again.

Scripture: Psalm 23:2, 1 Samuel 17:33-37, Psalm 144

Key Verse: He lets me lie down in green pastures; he leads me beside quiet waters. Psalm 23:2

Life Question: In what areas of your life do you need rest and peace?

Day 2: The Good Restoration

God restored David after his sin with Bathsheba and Uriah

When a sheep wanders off or gets trapped, the shepherd brings them back to the flock. The shepherd also cares for their flock by nursing their injuries and illnesses and properly shearing them. In a world of darkness and evil, we are prone to wonder, in need of rescue. The Good Shepherd offers direction and spiritual restoration and renewal for us. David acknowledged his sin against Bathsheba and Uriah, asked for forgiveness, and was restored.

Scripture: Psalm 23:3, 2 Samuel 12: 7-10, 13-14, Psalm 51

Key Verse: He renews my life; he leads me along the right paths for his name's sake. Psalm 23:3

Life Question: What does spiritual restoration and renewal need to look like for you?

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Day 3: The Good Presence

God gave David peace during Saul's pursuits

The shepherd's presence is critical for the well-being and survival of a flock of sheep. The Good Shepherd is ever with us. His presence brings comfort, not fear. He provides guidance, through both the good and difficult times. As David was on the run from Saul, who was trying to kill him, the Lord was with him.

Scripture: Psalm 23:4, 1 Samuel 18:10-14, Psalm 57

Key Verse: Even when I go through the darkest valley, I fear no danger, for you are with me; your rod and your staff—they comfort me. Psalm 23:4

Life Question:

How can you experience God's presence during challenging situations?

Day 4: The Good Life

God established His Kingdom through David

Shepherding requires a deep commitment to each sheep and the flock as a whole. This commitment is usually long term. The Good Shepherd is good and merciful and promises abundant life now and His presence forever. God established His Kingdom through David forever, to be fulfilled through the life, death, and resurrection of Jesus.

Scripture: Psalm 23:5-6, 2 Samuel 7:6-16, Psalm 89:20-29

Key Verse: Surely goodness and faithful love will pursue me all the days of my life, and I will dwell in the house of the LORD as long as I live. Psalm 23:6

Life Question:

What does an abundant life look like for you?

PARENT DEVOTIONS

Parent devotions will be available on www.fugecamps.com in March. This resource will allow you to study what your child is learning in Bible Study.