## ALLEGHENY ADVENTURE CAMPCHECKLIST

Medical Supplies	Clothes/Shoes
o Prescription Medicine	o Sandals or Flip Flops
(In original bottles)	o Pajamas
o Bug Spray	o Old Sneakers/Hiking Shoes
o Sunscreen	o Water Shoes
o Contact lenses/glasses	o Socks
Sleep Essentials	o Underwear
0 Tent	o ** Swimsuit
o Air Mattress/Cot/Pillow	o T-shirts
<ul> <li>Sleeping Bag/Favorite Blanket</li> </ul>	o Sweatshirt or Jacket
Accessories	o Shorts
o Hat	o Jeans/Sweats
o Sunglasses	(Pack clothes that can get messy)
o Reusable Water Bottle	
o Bible	
o Journal/Pen	Personal Hygiene
o Drawstring bag or backpack	o Towel for Shower
Miscellaneous	o Beach Towel
o * Spending Money	o Wash Cloth
o Garbage bag for dirty/wet clothes	o Deodorant
o Flashlight/head lamps	o Shampoo/Conditioner
o Hammock	o Body Wash/Soap
o Camp Chair	o Hairbrush/Comb
o Favorite Board/Card Game	o Hair Bands
Things Not to Bring	o Toothbrush/Toothpaste
o Electronics/Phones	
o Energy Drinks/Pop	
o Body Sprays (Axe, Perfumes)	

\* Students will need money for 2 travel meals and snacks- approximately- \$30.00. They should bring extra money if they want a souvenir maybe- \$25.00-\$30.00 so anywhere between \$30.00 - \$60.00 would be sufficient.

\*\*Bathing Suits – Guys – just bring normal boxer like suits. Girls – we prefer you wear a one piece or tanktini. If you don't have that its ok you don't have to buy one, but please bring an extra solid color t-shirt over your suit.