

Discussion Guide

Lentil Soup
May 24, 2026

PART 1: RECAP. HAVE SOMEONE READ THIS OUT LOUD.

Last week we looked at Genesis 24, where Isaac finds a wife to continue the lineage that Jesus would eventually come through. Through that passage, we focused on the importance of seeking God first in all our relationships. Our passage this week comes from Genesis 25. This covers the story of Jacob and Esau, Isaac's sons, and how Jacob takes Esau's birthright for himself. This passage also helps us understand that we make the same mistake as Esau today when we decide to trade precious things for what is common.

- What is the best (or worst) trade you've ever made?
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PART 2: HAVE SOMEONE READ GENESIS 25:21-34 OUT LOUD. ANSWER THESE QUESTIONS AS A GROUP.

- How did Esau convince himself that he was so hungry that he would be willing to give up birthright? What does that tell you about Esau's character?
 - Jacob was quick to ask Esau for his birthright. What does that tell you about Jacob's character?
 - Our passage says that Esau "despised his birthright." What does this tell us about how much he values his birthright compared to a meal?
 - How does this passage help explain God's plans and timing, especially when it looks different than what we may expect?
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Flip for more. —————>



PART 3: REFLECT. ANSWER THESE QUESTIONS TOGETHER.

- In modern times, how can we relate to the concept of a birthright? Are there parallels in our society?
 - When God's plans or answers differ from what you expect, do you struggle to trust his timing and choices?
 - When you experience delays in receiving an answer to prayer, is your response patient and trusting, or do you resort to shortcuts?
 - Are there moments of physical or emotional exhaustion when you make poor, impulsive decisions? What steps can you take to pause and pray before reacting in moments of weakness?
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KEY VERSE:

1 Peter 5:8

Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.

NEXT STEPS:

- I am thankful for the birthright I am offered through Jesus Christ.
- I won't trade the precious for the common.
- I will pause and pray rather than justify short-term satisfaction before making important decisions
- I will trust God's timing and plans for _____.

