

B(less)ed – Week 3 Small Group Questions

Opening Prayer 

Ice Breaker 

1. What's something you used to be confident you could still do...until you tried it again?
2. Which is harder for you: asking for help, admitting you were wrong, or letting someone else get the credit?

Discuss 

Main Scriptures: Matthew 5:5, 16:25-26, I Peter 5:5-11, John 13:3-5

1. Pastor Jeff shared a story about getting humbled playing basketball. What's the difference between being humbled by circumstances and choosing to be humble?
2. Pastor Jeff pointed out that "humble" is not the strongest translation of the word in Matthew 5:5. Instead, "meek" may be better. When you hear the word meek, what do you instinctively think of?
3. Rich Villodas said, "Meekness is not weakness; it's power under control." How does that definition challenge the way our culture thinks about strength?
4. Read I Peter 5:5-6. What stands out to you in Peter's call to "dress yourselves in humility"?
5. Pastor Jeff said, "You cannot be full of yourself and full of Christ at the same time." Where do you see pride show up most easily in your life?
6. In practical terms, what does humility look like in everyday life—at work, at home, or in the church?
7. Read I Peter 5:7. What does it look like to give your worries and burdens to God.
8. Pastor Jeff connected humility to how we respond when we're hurt or wronged. When someone treats you unfairly, what is your natural response—and what might a meek response look like instead?

Practice

Do something helpful for someone who cannot repay you. If it is a person who has hurt or wronged you in some way, all the better!