

CORE—NEW Lesson 10 (2025-26 edition) Facilitator's Guide:

The Choices I Make—Seeking & Finding Wisdom

For Bible Classes, Small Groups, Family Studies, & Individual Studies

Aim: To help our classes, families, and selves seek and find wisdom from God and put it into practice.

Key Bible Verse: 1 Kings 3:5—"At Gibeon the Lord appeared to Solomon in a dream by night, and God said, "Ask what I shall give you." Proverbs 4:7: "The beginning of wisdom is this: Get wisdom, and whatever you get, get insight."

Bible Class Welcome & Prayer (3-4 minutes)

- **Review** the purpose of CORE (to know, live, & share the Christian Faith) & discuss progress so far in personal, family, & class goals.
- **Ice Breaker:** What is the most important decision you've made recently, and how did it go? Do you prefer making decisions for yourself or having decisions made for you?

Discussion— (about 30-35 minutes)

1. **Read the key verses (and the larger context as needed), then ask (5-7 mins):** What are some of the most important decisions anyone will make in life? How do you involve God in the decision-making process? How do you know when God says 'yes,' 'no,' 'maybe', or 'it's up to you!?' What would you ask for if you were in Solomon's shoes?
 - Have a few people share personal stories to illustrate their answer. You may have to start with one of your own stories.
2. **Ask:** How do we function like God in this story and help others achieve their dreams? How do we help others make right decisions? How do we help them pray and see God in His answer?
 - Have a few people share personal stories to illustrate their answer. You may have to start with one of your own.
3. **Favorite Proverb:** Have everyone look through the Bible to find their favorite proverb (e.g. in Proverbs, Ecclesiastes, James, the Gospels). Have them share 1 proverb and explain how this has helped them make decisions or how God helping them is illustrated by this 1 proverb.
 - Have a few people share their proverb and faith story.
4. **Wisdom in Community:** Reflect on these 3 questions: "What does the ideal church look like? Why don't more people go to church? and why are you a member of the College Church of Christ?" (5-7 mins). Have everyone share how they have experienced receiving and/or giving wisdom within the community of the College Church of Christ, and how they have received/given wisdom in other communities (school, work, home, online).
 - Have everyone take 1 evangelism/listening card to ask 1 person these 3 questions this month. Their contact can fill out the QR code survey themselves or you could fill it out on their behalf. This online survey will help us at College Church better assess how to evangelize the community.

Going Deeper Homework—B.A.T. Challenge for the Month:

- **B**elieve – Find a new passage in the Bible that teaches wisdom for your life today.
- **A**ct – Practice that 1 new passage and share the difference (e.g. listening, encouraging, praying for discernment, making a tough choice, asking for forgiveness, granting forgiveness).
- **T**each – Come prepared next month to share with the class how your evangelism experience went and what you learned from the process.

12 Spiritual Disciplines Challenge (Try to complete all 12 by the end of the 12 month study of CORE):

1. **Write a Letter to God:** Express your heart's deepest thoughts to your creator and Lord in writing.
2. **Play with Others:** Have fun with family, friends, neighbors, or acquaintances as service to God.
3. **Hospitality:** Use your home, money, resources, or time to care for someone else's needs.
4. **Sabbath Keeping:** Choose a day to break from your regular routine. Prepare ahead of time and make sure that others can sabbath with you.
5. **Submission to God:** Submit to the Word of God in a specific area where you have been resisting him.
6. **Pray for the Success of a Competitor:** Seek God on behalf of someone with whom you don't always see eye-to-eye.
7. **Secret Service:** Do good for someone without drawing attention to your act.
8. **Deaccumulation:** Get rid of something that you do not need or something you value as a gift for another.
9. **No Gossip Day:** Do not spread true or false information about others that ought not be shared.
10. **Fast:** Give up a meal, social media, or even speaking for a day to devote more time to God and others.
11. **Worship:** Spend time in extended prayer, singing, reading/memorizing scripture, meditation with God.
12. **Custom Discipline:** Choose your own spiritual discipline to observe alone or with others for a set time.