



YOUTH FORMATION SERIES

2026-2027 Schedule & Topics

SCHEDULE & TOPICS

- *What Does Prayer Actually Do?*
SUNDAY, SEPTEMBER 20, 2026
Helping teens and parents develop a practical prayer life and recognize God's presence in daily life.
- *Friendships, Dating, and Relationships*
OCTOBER 25, 2026
What does Christian faith teach about healthy relationships, boundaries, respect, and love?
- *Faith in a Digital World*
NOVEMBER 15, 2026
Social media, smartphones, online identity, anxiety, and how families can cultivate healthy habits.
- *Pressure, Success, and God's Call*
JANUARY 24, 2027
Grades, athletics, college preparation, achievement culture, and discovering vocation rather than simply pursuing success.
- *Alcohol, Drugs, and Risk-Taking*
FEBRUARY 28, 2027
A Christian conversation about decision-making, peer pressure, addiction, and caring for our bodies.
- *Mental Health, Stress, and Resilience*
MARCH 21, 2027
How faith, family, and community help us navigate anxiety, disappointment, loneliness, and adversity.
- *Ask Anything: Faith, Life, and the Big Questions*
APRIL 25, 2027
An open forum driven by questions submitted anonymously by youth and parents throughout the year.

Dates may change, but probably not. Youth at Trinity-by-the-Cove are expected to attend all forums.