

THE 4 STAGES OF BREAKTHROUGH | SMALL GROUP DISCUSSION GUIDE

Theme: Breakthrough doesn't happen instantly. It happens in stages. What feels like being stuck may actually mean you're right on track.

Ice-Breaker Questions

1. **Fun Start:** Have you ever started something (a habit, goal, or project) that felt exciting at first but got harder over time? What happened?
2. **Creative Twist:** If your life right now had a "stage label" (starting, growing, waiting, or breakthrough), which one would you pick and why?

Reflection Questions

3. **Core Message:** Josh said that you are not behind because God controls the timing of every season (See Daniel 2:21 and Psalm 31:15). Why is that hard to trust when you feel stuck?
4. **Scriptural Insight (Read Galatians 6:4, 7, 9 together):** Paul says, "A man reaps what he sows." How does this principle help us understand the process of growth and breakthrough in our lives?
5. **Challenge of Breakthrough:** Think about an area of your life where you have been consistent but are not seeing results yet (faith, habits, relationships, work). What is the biggest temptation you face in that situation right now: quitting, comparing, or doubting that it is working (Hebrews 10:36)?
6. **Patience in the Process:** Galatians 6:9 says we reap "at the right time." Where are you feeling impatient right now, and how is that impatience affecting your attitude, decisions, or faith this week?

Action-Oriented Questions

7. **Personal Growth:** What is one area of your life right now where you know you are sowing something good, but you are tempted to believe it is not making a difference (James 5:7-8)?
8. **Practical Steps:** Instead of comparing yourself to others, compare where you are today to where you were a month or a year ago. Where do you see progress, and how does that give you confidence that God is working in your life (Galatians 6:4; Philippians 1:6; 2 Corinthians 3:18)?
9. **Difficulty in Breakthroughs:** What is one habit, mindset, or pattern that is hardest for you to stay consistent in when you do not see immediate results?
10. **Community Impact:** Who in your life right now seems discouraged or ready to give up, and what is one specific way you can encourage them this week to keep going?

Closing Challenges

- **Weekly Practice:** Each day this week, identify one area where you can consistently "sow" something good and commit to it, regardless of immediate results.
- **Prayer Focus:** Pray for patience, endurance, and trust in God's timing. Ask Him to help you stay faithful and not give up before the harvest comes.